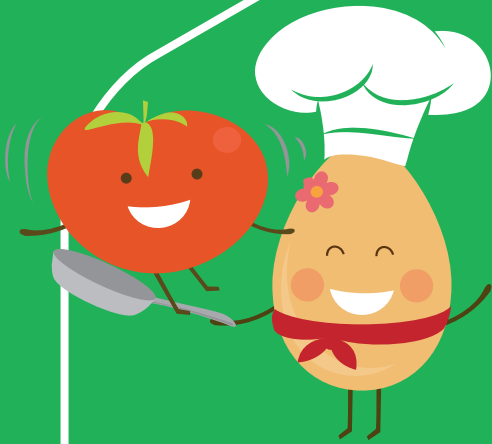


PRIMARY SCHOOL MENU

Week one



Monday

Bangers & Mash
or Vegan Cumberland sausages
with peas
Organic Ice Lolly



Tuesday

Chicken salad pita pockets with fajita mayo
or vegetable & bean burrito
with lightly-seasoned wedges and sweetcorn
Ice Cream Roll

Wednesday

Roast Pork with sage & onion stuffing and gravy
or sweet potato and lentil plait
with roast potatoes, carrots and green cabbage
Toffee Apple Muffin

Thursday

Pasta Bolognese and garlic herb bread
or tomato and basil pinwheels
with broccoli
Lemon Drizzle

Friday

Fish fingers or vegetable goujons
with chips, baked beans, peas and tomato
ketchup
Chocolate Cake



Available Daily

Low fat Milk, Chilled Water,
Fresh Fruit or Yoghurt
50/50 Homemade Bread
Filled Jacket Potato



PRIMARY SCHOOL MENU

Week two



Monday

Chicken Goujons or
Cheese, Spring Onion & Potato Pie
with Mashed Potato, Homemade Coleslaw
and Mixed Pepper Slices
Fruit Mousse



Tuesday

Macaroni Cheese or Vegetable Goujons
with Tomato Dip with Homemade Jacket
Wedges, Broccoli and Sweetcorn
Chocolate & Pear Sponge with Chocolate
Sauce

Wednesday

Roast Chicken with Yorkshire
Pudding & Gravy or Vegetable gratin
with Roast or Boiled Potatoes, Carrots and Spring
Greens
Golden Crispy Cake

Thursday

Homemade Beef Lasagne or
Vegetable Chilli and Rice
with Garlic Bread, Sweetcorn and Salad Bar
Carrot Cake with Frosting

Friday

Battered Fish or Vegetable Tart
with Chipped Potatoes or Half a Jacket
Potato, Baked Beans and Baked Tomato
Cherry Squares



Available Daily

Low fat Milk, Chilled Water,
Fresh Fruit or Yoghurt
50/50 Homemade Bread
Filled Jacket Potato



PRIMARY SCHOOL MENU

Week Three



Monday

Butchers Sausage in a Roll or
Vegetarian Sausage in a Roll
with Crispy Cubed Potatoes,
Carrots and Peas
Wholegrain Oat Cookie

Tuesday

Cheese & Tomato Pizza
with Cous Cous Salad, Homemade Coleslaw
and Mixed Salad
Fruit Mousse

Wednesday

Roast Turkey with Gravy or Spanish Omelette
with Roast Potatoes, Carrots and Green Cabbage
Apple Crumble with Cream

Thursday

Mild Beef Chilli Burritos or
Cheese & Onion Puff
with Rice, Sweetcorn and Peas
Caramelised Banana Cake

Friday

Cod Fish fingers or Roasted Vegetable Wrap
with Chipped Potatoes or Half a Jacket Pot-
ato, Baked Beans and Fresh Tomato
Jelly with Topping



Available Daily

Low fat Milk, Chilled Water,
Fresh Fruit or Yoghurt
50/50 Homemade Bread
Filled Jacket Potato