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 Mar 14, 2024 09:44

 Reviewed
 Mar 14, 2024 09:44

 Erudus ID
 41c651975a3b403d9e88342960e4cd46

 Version
 2.0



As product information, ingredients, nutritional guides and dietary or allergy advice may change from time to time, <u>we recommend that you always carefully</u> read the product table piror to using a consuming any such products. You should not solely rely upon the information we provide and make your own sessesment as to the suitability or otherwise of any given product.



Mediterranean Wellington

Mediterranean Wellington 12x11g

PRODUCT DESCRIPTION

Crisp vegetables pan fried and roasted with fine herbs and olive oil, entwined with a rich Mediterranean tomato sauce encased in a light puff pastry case.

Brand	What's Cooking Deeside UK Ltd	
Manufacturer Product Code	PA410	
Product Type	Food	
Product Category	Ready Meals	
Storage Type	Frozen	Carl Provent
Erudus ID	41c651975a3b403d9e88342960e4cd46	
Specification Type	Generic	

Outer Case GTIN

5016236002638



INGREDIENTS

Ingredient Declaration

Puff Pastry (47%) ((Fortified **WHEAT** Flour (with added Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Rapeseed & Palm Oil) Mono and Diglycerides of Fatty Acids), Pasteurised Whole **EGG**, Rubbed Oregano), Vegetables (21%) (Potato, Aubergine, White Onion, Carrot, Red Pepper, Yellow Pepper, Parsnip), Tomato (14%), Black Olives (Olives Water, Salt, Acidity Regulator (Lactic Acid), Stabiliser (Ferrous Gluconate)), Mature Cheddar Cheese (**MILK**), Mozzarella Cheese (**MILK**), Olive Oil, Tomato Puree, Water, Medium Fat Hard Cheese (**MILK**), Sugar, Salt, Garlic, Modified Maize Starch, Black Pepper, Rubbed Oregano, Rosemary, Rubbed Basil.

ALLERGENS

Product Contains:	
Celery/Celeriac	No
Cereals Containing Gluten	Yes
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	Yes
Crustacea	No
Eggs	Yes
Fish	No
Lupin	No
Milk	Yes
Molluscs	No

Mustard	No
Nuts (Tree)	No
Almond nuts	No
Brazil nuts	No
Cashew nuts	No
Hazelnuts	No
Macadamia (Queensland) nuts	No
Pecan nuts	No
Pistachio nuts	No
Walnuts	No
Peanuts	No
Sesame Seeds	No
Soybeans	No
Sulphur Dioxide and Sulphites	No

Additional Allergen Information

All KK labels state the following: Allergy Advice:- For allergens & cereals containing gluten, see ingredients in bold. This product contains Wheat (Gluten), Egg, Milk

SUPPLEMENTARY INGREDIENT	Palm Oil	Yes		
INFORMATION	Hydrogenated Vegetable Oil/Fat	No		
	GM Protein/DNA	No		
ADDITIVES	Product Contains:			
	Artificial Antioxidants	No	Artificial Flavourings	No
	Artificial Colours	No	Artificial Preservatives	No
	Artificial Flavour Enhancers	No No Artificial Flavourings No Artificial Preservative	Artificial Sweeteners	No
DIET SUITABILITY	Vegan Diet	No	Vegetarian Diet	Suitable for
JOHABIEHH	Halal Diet	No	Kosher Diet	No

NUTRITIONAL INFORMATION

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 254kcal / 1057kJ

Nutrient	per 100g	RI per 100g	per 226g serving	RI per 226g serving
Energy (kJ)	1057 kJ	13%	2388.8 kJ	28%
Energy (kcal)	254 kcal	13%	574 kcal	29%
Fat	17.42 g	25%	39.4 g	56%
of which Saturates	8.92 g	45%	20.2 g	101%
of which Mono-unsaturates	5.31 g		12 g	
of which Polyunsaturates	1.47 g		3.3 g	
Carbohydrate	18.9 g	7%	42.7 g	16%
of which Sugars	2.28 g	3%	5.2 g	6%
of which Starch	15.99 g		36.1 g	
Fibre	1.63 g		3.7 g	
Protein	5.38 g	11%	12.2 g	24%
Salt	0.95 g	16%	2.1 g	35%
Sodium	373 mg		843 mg	
Serving Size	226 g			

SUPPLEMENTARY NUTRITIONAL INFORMATION

HANDLING & STORAGE INFORMATION

Directions For Use

Trans Fats per 100 g/ml

From Frozen (Appliances vary - these are guidelines only). Pre-heat oven & baking tray to 220°C/425F/Gas Mark 7, remove product from packaging & place on pre-heated baking tray near top of oven & cook for approx 15 - 20 mins. Ensure product is piping hot prior to serving or a minimum core temperature of 75°C is reached.

Storage Instructions

Keep frozen at less than -18°C

Shelf Life from Time of Production547 DaysExempt From Shelf Life Labelling

0.09 g

No



ORIGIN PRODUCT CHARACTERISTICS	Other Accreditation N/A Product Country of Origin/Plac Provenance Additional Origin Details UNITED KINGDOM Standards Testing Do you undertake trend analys		d Kingdo	om		s shalf life testi	ng undertaken?		Νο
	microbiological results?	SIS OF	NO			s sheir ine testi	ng undertaken?		NO
	Microbiological Standards								
	Organism	Description	F	requency		Target	Maximum	Sample	e (g or ml)
	E. Coli (cfu/g or ml)		A	Annually		<20	100	226	
	Enterobacteriaceae (cfu/g or ml)		A	Annually		<100	10000	226	
	Listeria SPP (cfu/g or ml)		A	Annually		<0	100	226	
	Staphylococcus Aureus (cfu/g or ml)		A	Annually		<20	100	226	
	Total Viable Count (TVC) (cfu/g or ml)		A	Annually		<1000000	1000000	226	
	Salmonella (cfu/g or ml)		A	Annually		<0	0	226	
CONFIGURATION	Case Configuration				h	nner Pack Conf	iguration		
	Total Quantity of Inner Compo	nents in 1	12 Units						
	Outer Case								
	Is the Outer Case Splittable?	١	No						
PRODUCT	Inner Component								
WEIGHTS	Variable Weight Consumer Iter	n N	No						
	Inner Component Weight	1	11 g						
	Outer Case								
	Outer Case Gross Weight	2	2.92 kg						
	Outer Case Net Weight	2	2.71 kg						
PRODUCT	Inner Component								
DIMENSIONS	Inner Component Depth	C	0 mm						
	Inner Component Width	C	0 mm						
	Inner Component Height	C	0 mm						
	Outer Case								
	Outer Case Depth	Э	338 mm						
	Outer Case Width	2	221 mm						
	Outer Case Height	1	114 mm						
PALLET INFORMATION	Quantity of Cases Per Pallet La	yer 1	13 Cases		P	allet Height			1.64 MTR
	Quantity of Layers Per Pallet	1	12 Layers	S	P	allet Gross We	ight		484 kg
	Quantity of Cases Per Pallet	1	156 Case	2S					

PACKAGING	Inner Compo	Inner Component Packaging								
	Туре	Materials	Weight	Recycled Plastic %	Recyclable	Returnable	Composite			
	Box	Plastic	14 g	- %						
	Outer Case P	ackaging								
	Туре	Materials	Weight	Recycled Plastic %	Recyclable	Returnable	Composite			
	Case	Paper/Cardboard	200 g	- %						
	Transport Pa									
	Туре	Materials	Weight	Recycled Plastic %	Recyclable	Returnable	Composite			
	Other	Plastic	200 g	- %		Yes				
	Other	Paper/Cardboard	10 g	- %		Yes				
OTHER INFORMATION				Identification/H	ealth Marks	GE	3 DZ024			
	Manufacture	r Comments								
	N/A									
CONTACT	Address		Technical Contact							
INFORMATION		ng Deeside UK Ltd	Sion Williams							
	Estuary House Tenth Avenue		Technical Manager Sion.Williams@whatscooking.group							
	Deeside Indu			Sion.vinidinsev	10050001118.81	oup				
	Flintshire		<u>P: (Phone</u>) 01244286200							
	CH5 2UA									
	United Kingdom									
	<u>P: (Phone)</u> 012	244 286200								
	Complaints C	Contact		Commercial Cor	ntact					
	Amy Probert		Alex Bell							
	-	Technologist	Sales Administrator							
	Amy.Probert@	whatscooking.group	Alex.bell@whatscooking.group							
	<u>P: (Phone)</u> 01244 286200			<u>P: (Phone</u>) 01244 286217						

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