Changed Mar 18, 2024 14:56 **Reviewed** Mar 18, 2024 14:56

Erudus ID 4f5a709fe416451ca88badcf0fdc5e9a

Version 3.0



Battered MSC Pollock Fillets 80 - 110g 30 piece pack count

Battered Pollock 30x1

PRODUCT DESCRIPTION

Skinless, boneless pollock fillets enrobed in a bubbly batter, flash fried 30 x 80-110g

Brand	Three Oceans Fish Company
Manufacturer Product Code	MBAF3
Product Type	Food
Product Category	Fish - Breaded/Coated
Storage Type	Frozen
Erudus ID	4f5a709fe416451ca88badcf0fdc5e9a
Specification Type	Fish and Seafood



Thomas Ridley QC Dept

3:11 pm, 20 Mar 2024

erudus

Inner Component GTIN	5060061300414
Outer Case GTIN	5060061300414





INGREDIENTS

Ingredient Declaration

Pollock (FISH) (50%), WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Maize Flour, WHEAT Starch, Salt, Maize Starch, WHEAT Gluten, Raising Agents (Sodium Phosphates, Sodium Bicarbonate, Ammonium Carbonates), Dextrose, Sunflower Oil, Paprika, Turmeric Extract, Sunflower Lecithin.

ALLERGENS

Product Contains:

Celery/Celeriac	No
Cereals Containing Gluten	Yes
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	Yes
Crustacea	No
Eggs	No
Fish	Yes
Lupin	No
Milk	No
Molluscs	No

Mustard	No
Nuts (Tree)	No
Almond nuts	No
Brazil nuts	No
Cashew nuts	No
Hazelnuts	No
Macadamia (Queensland) nuts	No
Pecan nuts	No
Pistachio nuts	No
Walnuts	No
Peanuts	No
Sesame Seeds	No
Soybeans	No
Sulphur Dioxide and Sulphites	No

Additional Allergen Information

Allergens show in CAPITALS

SUPPLEMENTARY INGREDIENT INFORMATION	Palm Oil	No		
	Hydrogenated Vegetable Oil/Fat	No		
	GM Protein/DNA	No		
ADDITIVES	Product Contains:			
	Artificial Antioxidants	No	Artificial Flavourings	No
	Artificial Colours	No	Artificial Preservatives	No
	Artificial Flavour Enhancers	No	Artificial Sweeteners	No

No

DIET SUITABILITY

Halal Diet

NUTRITIONAL INFORMATION



Each 100g/ml portion contains:



of your reference intake. Typical values per 100g/ml: Energy 213kcal / 892kJ

Nutrient	per 100g	RI per 100g	per 95g serving	RI per 95g serving
Energy (kJ)	892 kJ	11%	847.4 kJ	10%
Energy (kcal)	213 kcal	11%	202.4 kcal	10%
Fat	11.6 g	17%	11 g	16%
of which Saturates	0.9 g	5%	0.9 g	5%
of which Mono-unsaturates	0 g		-	
of which Polyunsaturates	0 g		-	
Carbohydrate	18.2 g	7%	17.3 g	7%
of which Sugars	0.8 g	1%	0.8 g	1%
Fibre	0.8 g		0.8 g	
Protein	8.6 g	17%	8.2 g	16%
Salt	0.7 g	12%	0.7 g	12%
Sodium	310 mg		294.5 mg	

Serving Size	95 g
Number of Servings	30 Servings

SUPPLEMENTARY NUTRITIONAL INFORMATION

HANDLING & STORAGE INFORMATION

Trans Fats per 100 g/ml 0 g

Directions For Use

Oven Bake: Cook from frozen. Place on a baking tray, in a pre-heated oven at 200°c / Gas mark 6 for approximately 15 - 20 minutes or in a halogen oven at 200°c for approximately 10 - 15 minutes. This is a raw product and must be cooked to a minimum temperature of 72°c for 30 seconds or equivalent as measured with a temperature probe.

Storage Instructions

Store frozen product at -18C or colder Do not re-freeze after thawing

Shelf Life from Time of Production	548 Days	Exempt From Shelf Life Labelling No	
BRCGS Certified		Marine Stewardship Council (MSC)	
Other Accreditation			

ACCREDITATIONS/ CERTIFICATIONS/ ASSURANCE SCHEMES

ORIGIN	•	of Origin/Place of Un	iited King	gdom				
	Provenance Additional Origin	n Details						
PRODUCT	Standards Testing							
CHARACTERISTICS CONFIGURATION	Case Configurat	ion			Inner Pack Conf	iguration		
	Total Quantity o	f Inner Components in	30 Uni	ts	Count per Inner	Component	1	
	Outer Case							
	Is the Outer Case	e Splittable?	No					
PRODUCT	Inner Componen	t						
WEIGHTS	Variable Weight Consumer Item		No					
	Outer Case							
	Outer Case Gross	s Weight	3.47 kg	g				
	Outer Case Net V	3.3 kg						
PRODUCT	Inner Component							
DIMENSIONS	Inner Component Depth		0 mm					
	Inner Componer	t Width	0 mm					
	Inner Componer	t Height	0 mm					
	Outer Case							
	Outer Case Depth		335 mm					
	Outer Case Widt		252 m					
	Outer Case Height		104 mm					
PALLET INFORMATION	Quantity of Case	s Per Pallet Layer	14 Cases		Pallet Height		1.81 MTR	
THE SHITTER STATE	Quantity of Layers Per Pallet		16 Layers		Pallet Gross We	ight	79	7.6 kg
	Quantity of Cases Per Pallet		224 Ca	ases				
PACKAGING	Outer Case Pack	aging						
	Туре	Materials		Weight	Recycled Plastic %	Recyclable	Returnable	Composite
	Case	Plastic		13 g	- %			
	Case	Paper/Cardboard		210 g	- %			
	Transport Packa	ging						
	Туре	Materials		Weight	Recycled Plastic %	Recyclable	Returnable	Composite
	Other	Wood		30000 g	- %			
OTHER INFORMATION	Intrastat/Taric C	ode	0		Identification/H	ealth Marks	GE	3 HU044

Manufacturer Comments

N/A

CONTACT INFORMATION

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