

**Product: F/Range Cheese Omelette 100g**

**Product Code:**

**Brand: Framptons**

**FSCV833**

**Pack Details**

<b>Contents</b>	No. Pcs in Case:	24	Avg. Pce Wt:	100 g	Case Net Wt:	2.4 kg
	Count/Wt per Inner:	12/1.2kg	Inners per Case:	2	Pack Size:	1 x 24
Inners suitable for sale separately?: No		Barcode Inner: N/A		Barcode Outer: 05018045913433		
<b>Palletisation</b>	Cases per Layer:	20	No. of Layers:	8	Inners/Pallet:	320
					Cases/Pallet:	160
<b>Dimensions</b>	Case mm:	275 x 200 x 175	Cubic ms:	0.010	Inner mm:	N/A
						<b>Commodity Code</b> 2106 90 98 49
<b>Packaging Wts</b>	Primary plastic:	12 g	Secondary plastic:	N/A g	Tertiary plastic:	N/A g
	Primary board:	N/A g	Secondary board:	119 g	Foil/Aluminium:	N/A g

**Composition & Storage**

**Description:** Individually frozen, folded free-range omelettes, filled with Cheddar cheese prepared using pasteurised egg blend.

**Ingredients:** Free Range EGG (57%), MILK, Cheddar Cheese (MILK) (9%), (Anti-Caking Agent (Potato Starch)), Rapeseed Oil, Thickener (Xanthan Gum), Salt, White Pepper.

**Allergen Statement:** For allergens, see ingredients in CAPITALS.

**May Contain:**

**Meat Country of Origin:** N/A      **Store Frozen:** -18°C      **Min Life on Del.** 137 Days

**Preparation & Usage from Frozen**

**M/wave:** See Page 2.

**Oven:** See Page 2.

**Grill:** See Page 2.

**Frying:** See Page 2.

**Other:** See Page 2.

**Dietary & Health Information**

				Average Nutritional	Per serving
				Per 100 g	
		<b>Contains</b>			
Suitable for Vegetarians	Yes	Milk / Derivatives	Yes	KJoules	763
Suitable for Vegans	No	Egg / Derivatives	Yes	Kcals	184
Suitable for Coeliacs	No	Soya	No	Fat (g)	14.6
Halal Approved	No	SO <sub>2</sub> /Sulphites >10ppm	No	of which saturates (g)	4.9
Kosher Approved	No	Sesame Seeds	No	of which monounsaturates (g)	
<b>Contains</b>		Celery	No	of which polyunsaturates (g)	
Artificial colours	No	Mustard	No	Carbohydrate (g)	2.0
Hydrogenated Fats	No	Peanuts / Derivatives	No	of which sugars (g)	1.6
GM Ingredients/Derivatives	No	Fish	No	Fibre (g)	0.4
MSG	No	Crustaceans / Shell Fish	No	Protein (g)	10.9
Gluten as added Ingredient	No	Other Nuts	No	Sodium (g)	0.316
Wheat & Wheat Derivatives	No	Lupin / Derivatives	No	expressed in salt (g)	0.79
Other Gluten Cereals/Derivs	No	Molluscs	No	-----	
				Zinc (mg)	
				Iron (mg)	
				Ash (g)	
				Vitamin A (µg)	
				Vitamin C (mg)	
				Folate (µg)	
				Calcium (mg)	

Approved Date: 09/09/2022

Approved by: Christopher Stobart

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**Preparation & Usage from Frozen**

Microwave:

(1400W) From frozen: Remove outer packaging. Place omelette on a microwavable plate, heat for 1 minute and 40 seconds.

Oven:

From frozen: Remove outer packaging. Preheat oven to 190°C/200°C/Gas Mark 5. Wrap omelette in a lightly greased foil parcel. Place on a baking tray in the centre of the oven for 30 mins.

Grill:

N/A

Frying:

N/A

Other Cooking or Serving Instructions:

Ensure food is piping hot. Do not reheat once cooled. All cooking appliances vary. This is a guide only. Do not refreeze once thawed.