

# General Report

Part [Rev]: 66278388IS [ 44 ]

Description LCON Garden Peas GB

Status CURRENT

Planned Eff.: 30/09/2022

Frame [Rev]: IFG-CONSPEC-2014 [ 27 ]

Specification Type: CON

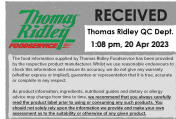
Created by: Geraldine Millican

Created on: 20/07/2022 10:31:02

Last Modified By: Geraldine Millican

Last Modified On: 29/09/2022 12:51:06

Current On: 30/09/2022 11:24:41



## Reason For Issue

Substantiation text - replace 'and' with comma

Raw eating warning - text amended

## Key Words

Key Word	Value
Customers / MU	Birds Eye UK
Nutrition KPI	Side of Plate

## Manufacturers

## Classification

## Attachments

## General Information

### Description

Consumer information for Garden Peas.

### Product Name Details

Property	Description
Brand Name	Birds Eye
Product Name	Garden Peas

### BOP Legal Descriptor

Garden Peas.

### Coding Requirements

Property	Yes	No	Comment
Date of First Freeze		<input checked="" type="checkbox"/>	

## Ingredient Declaration

### Generation Details

Generated By	Date Generated	Source of Data	Note
			<input checked="" type="checkbox"/>

### ⌚ (note)

Mono veg so no ingredients list or allergy advice required.

## Claims and Declarations

### Declarations

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Property	Attribute	Value	UOM	Comment
Best Before	Months	18	month(s)	

## Packaging marked label Accreditation Code

Declaration Type	Recycling Logo	Recycling Logo Detail	Code	Note
OPRL Logo	Recycle with bags at large supermarkets.	Bag		

## Primary Allergens

Property	GS1	Present	Absent	Comp of RM	Cross contact	Comment	Note
Cereals cont. Gluten & products	AW		<input checked="" type="checkbox"/>				
Wheat/Wheat products	UW		<input checked="" type="checkbox"/>				
Rye/Rye products	NR		<input checked="" type="checkbox"/>				
Barley/Barley products	GB		<input checked="" type="checkbox"/>				
Oats/Oats products	GO		<input checked="" type="checkbox"/>				
Spelt/Spelt products	GS		<input checked="" type="checkbox"/>				
Kamut/Kamut products	GK		<input checked="" type="checkbox"/>				
Crustaceans and products	AC		<input checked="" type="checkbox"/>				
Eggs and products	AE		<input checked="" type="checkbox"/>				
Fish and products	AF		<input checked="" type="checkbox"/>				
Peanuts and products	AP		<input checked="" type="checkbox"/>				
Soybeans and products	AY		<input checked="" type="checkbox"/>				
Milk/Dairy and products	AM		<input checked="" type="checkbox"/>				
Lactose	ML		<input checked="" type="checkbox"/>				
Nuts and products	AN		<input checked="" type="checkbox"/>				
Almonds/Almond products	SA		<input checked="" type="checkbox"/>				
Hazelnuts/Hazelnut products	SH		<input checked="" type="checkbox"/>				
Walnuts/Walnut products	SW		<input checked="" type="checkbox"/>				
Cashews/Cashew products	SC		<input checked="" type="checkbox"/>				
Pecan nuts/Pecan products	SP		<input checked="" type="checkbox"/>				
Brazil nuts/Brazil nut products	SR		<input checked="" type="checkbox"/>				
Pistachio nuts + products	ST		<input checked="" type="checkbox"/>				
Macademia/Queensland nuts + products	SQ		<input checked="" type="checkbox"/>				
Celery and products	BC		<input checked="" type="checkbox"/>				
Mustard and products	BM		<input checked="" type="checkbox"/>				
Sesame seeds and products	AS		<input checked="" type="checkbox"/>				
SO2 and Sulphites (=> 10mg/kg)	AU		<input checked="" type="checkbox"/>				
Lupin and products	NL		<input checked="" type="checkbox"/>				
Molluscs and products	UM		<input checked="" type="checkbox"/>				

## Secondary Allergens

Property	GS1	Present	Absent	Comment	Note
SO2 and Sulphites (<10mg/kg)	-		<input checked="" type="checkbox"/>		
Peas and products (excl. dried)	NE	<input checked="" type="checkbox"/>			
Beans and products (excl. dried)	-		<input checked="" type="checkbox"/>		
Fenugreek and products	-		<input checked="" type="checkbox"/>		
Dried peas and products	-		<input checked="" type="checkbox"/>		
Dried beans and products	-		<input checked="" type="checkbox"/>		
Chick peas and products	-		<input checked="" type="checkbox"/>		
Lentils and products	-		<input checked="" type="checkbox"/>		
Sunflower seeds and products	SS		<input checked="" type="checkbox"/>		
Poppy seeds and products	PS		<input checked="" type="checkbox"/>		
Pine nuts/kernels and products	PN		<input checked="" type="checkbox"/>		
Pumpkin seeds and products	-		<input checked="" type="checkbox"/>		

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Property	GS1	Present	Absent	Comment	Note
Melon seeds and products	-		<input checked="" type="checkbox"/>		
Apricot kernels and products	-		<input checked="" type="checkbox"/>		
Maize and products	NM		<input checked="" type="checkbox"/>		
Buckwheat and products	-		<input checked="" type="checkbox"/>		
Orange and products	-		<input checked="" type="checkbox"/>		
Lemon and products	-		<input checked="" type="checkbox"/>		
Lime and products	-		<input checked="" type="checkbox"/>		
Grapefruit and products	-		<input checked="" type="checkbox"/>		
Cherry and products	-		<input checked="" type="checkbox"/>		
Mango and products	-		<input checked="" type="checkbox"/>		
Nectarine and products	-		<input checked="" type="checkbox"/>		
Peach and products	-		<input checked="" type="checkbox"/>		
Plum and products	-		<input checked="" type="checkbox"/>		
Tomato and products	-		<input checked="" type="checkbox"/>		
Strawberries and products	-		<input checked="" type="checkbox"/>		
Melon and products (excl. seeds)	-		<input checked="" type="checkbox"/>		
Pineapple and products	-		<input checked="" type="checkbox"/>		
Pear and products	-		<input checked="" type="checkbox"/>		
Banana and products	-		<input checked="" type="checkbox"/>		
Avocado pears and products	-		<input checked="" type="checkbox"/>		
Kiwi fruit and products	-		<input checked="" type="checkbox"/>		

## Other Ingredients of Concern

Property	GS1	Present	Absent	Source	Note
Yeast and yeast extract	-		<input checked="" type="checkbox"/>		
Alcohol	-		<input checked="" type="checkbox"/>		
Colours	-		<input checked="" type="checkbox"/>		
Flavours	-		<input checked="" type="checkbox"/>		
Preservatives	-		<input checked="" type="checkbox"/>		
Palm (kernel) oil & derivates	-		<input checked="" type="checkbox"/>		
Bovine Meat & Derivatives	BF		<input checked="" type="checkbox"/>		
Porcine Meat & Derivatives	PO		<input checked="" type="checkbox"/>		
Ovine Meat & Derivatives	-		<input checked="" type="checkbox"/>		
Other Mammal Meat & Deriv	-		<input checked="" type="checkbox"/>		
Poultry Meat, Fat & Prod.	CM.		<input checked="" type="checkbox"/>		
Irradiation	-		<input checked="" type="checkbox"/>		

## Dietary Suitability - Certified Status

Property	Yes	No	Comment
Hal-al	<input checked="" type="checkbox"/>		
Kosher	<input checked="" type="checkbox"/>		
Vegan	<input checked="" type="checkbox"/>		
Ovo Lacto Vegetarian	<input checked="" type="checkbox"/>		
Lacto Vegetarian	<input checked="" type="checkbox"/>		
Organic		<input checked="" type="checkbox"/>	

## Labelling requirements

Property	Yes	No	Comment
Is GM Labelling required?		<input checked="" type="checkbox"/>	
Is labelling for engineered nano-materials required?		<input checked="" type="checkbox"/>	

## Claims

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Property	Description	Note
Claim	Frozen within 2½ hours.	
Claim	1 of 5 a day servings.	<input checked="" type="checkbox"/>
Claim	For a sustainable tomorrow [see note for text to accompany the logo].	<input checked="" type="checkbox"/>
Claim	No artificial colours, flavours or preservatives.	
Claim	Source of Vitamin C.	<input checked="" type="checkbox"/>
Claim	Rich in protein.	<input checked="" type="checkbox"/>
Claim	8 unique varieties.	<input checked="" type="checkbox"/>

#### Claim (note)

One serving of Birds Eye Peas provides 1 of your recommended 5 daily portions of fruit and vegetables.

#### Claim (note)

Making a difference with responsibly sourced and prepared food every day. For more visit [birdseye.co.uk/our-sustainable-path](http://birdseye.co.uk/our-sustainable-path).

#### Claim (note)

Vitamin C contributes to the normal function of the immune system. Enjoy Garden Peas as part of a varied, balanced diet and healthy lifestyle.

#### Claim (note)

Protein contributes to the maintenance of muscle mass. Enjoy Garden Peas as part of a varied, balanced diet and healthy lifestyle.

#### Claim (note)

Only for internal use as background info! 2018 Exclusive Varieties: 1. Kite – Unilever Bred 2. Peregrine – Unilever Bred 3. Plover – Unilever Bred 4. Swallow – Unilever Bred 5. Wagtail – Unilever Bred Bred at Colworth House, Bedfordshire before Permira closed that part of the business 6. Ebba – Findus Sweden Bred 7. Linnea – Findus Sweden Bred 8. Fintva – Findus Sweden Bred 9. Ida – Findus Sweden Bred Findus Sweden Bred material is new to us in the UK but forms the basis for the future breeding programme.

## Instructions

### Generation Details

Generated By	Date Generated	Country	Note
Jessica Rose	30/08/2017	UK	

### Instructions for Use

TO PREPARE.....

ALWAYS COOK STRAIGHT FROM FROZEN. DO NOT EAT RAW OR DEFROSTED. YOUR GARDEN PEAS REQUIRE COOKING IN ACCORDANCE WITH OUR COOKING INSTRUCTIONS BEFORE CONSUMPTION.

### Instructions for Design House - Instructions for Use

[All text in bold]

#### Cooking Method 1

For 2 servings

Place the Garden Peas in a microwavable bowl.

Add 15ml (1tbsp) of water and cover.

Microwave on FULL POWER for:

700W	800W	900W
3½ mins	3 mins	2½ mins

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Drain and serve.

Season to taste.

## Instructions for Design House - Cooking Method 1

Microwave [lcon]\*in lozenge\*

## Cooking Method 2

Alternatively, boil

Place in a pan and add sufficient boiling water to cover.

Boil 3 mins Bring back to the boil.

Cover and simmer for 3 minutes.

Drain and serve.

Season to taste.

## Instructions for Design House - Cooking Method 2

[Alternatively, boil' in Bold]

Boil [lcon]\*in lozenze\*

## Additional Instructions

Please ensure food is cooked until piping hot.

These instructions are guidelines only.

Do NOT refreeze after defrosting.

## Instructions for Design House - Additional Instructions

[All text in bold and bullet pointed]

## Storage Instructions

Store in a freezer at -18°C or cooler.

## Recipe Instructions

### Serving Suggestion

Sweet & Tender

Birds Eye Peas Lift Any Dish

Our Garden Peas are picked and frozen within 2½ hours to deliver you the perfect taste.

A few handfuls of Birds Eye Garden Peas will lift any dish from a hearty Shepherd's Pie to a classic Spaghetti Bolognese.

Simply stir in and continue to cook until tender and piping hot throughout

### Instructions for Design House - Serving Suggestion

[continue to cook until tender and piping hot throughout.' all to be in Bold]

## Nutrition

[FIC Regulation Reference Intakes]

### Declarations (FIC)

Property	Attribute	Value	UOM	Comment
Weight	Pack 1	2.5	kg	Food service with minimum information on the pack.
Portions/Doses/Uses	Pack 1	31	No.	

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Property	Attribute	Value	UOM	Comment
Weight	Pack 2	1	kg	
Portions/Doses/Uses	Pack 2	12	No.	
Weight	Pack 4	800	g	
Portions/Doses/Uses	Pack 4	10	No.	
Weight	Pack 5	375	g	
Portions/Doses/Uses	Pack 5	4	No.	
Weight	Pack 6	1200	g	
Portions/Doses/Uses	Pack 6	15	No.	
Weight per serving/portion	-	80	g	

## Generation Details

Generated By	Date Generated	Source of Data	Note
G Millican	08/11/2021	Calculated in IS RD Modules	

## Nutrient Profile Score

Property	Score	Previous Score	Veg per Portion (g)	Comment
Nutrient Profile Score	-12	-12	80	

## Column Headers on Pack (FIC)

Country	per 100g as sold	per Portion	Comment
per 100g	As sold 100g provides:		
per Portion		Per serving microwaved provides:	

## Nutrition Information (FIC)

Average Values	Attribute	per 100g	per Portion	UOM	Comment
Energy	kJ	285	229	kJ	
Energy	kcal	68	55	kcal	
Fat	-	0.7	0.6	g	
Fat of which	Saturates	0.1	<0.1	g	
Carbohydrate	-	7.5	6.0	g	
Carbohydrate of which	Sugars	4.9	3.9	g	
Fibre	Dietary	6.0	4.8	g	
Protein	-	4.9	3.9	g	
Salt	-	<0.01	<0.01	g	
Vitamin C	-	16	12	mg	
Vitamin C	% RI	20	15 §	%	%NRV

## Reference Intake Icons

	Reference Intakes	per Portion	%RI
Energy (kJ)	8400kJ	229kJ	3%
Energy (kcal)	2000kcal	55kcal	3%
Fat	70g	0.6g	<1%
Saturates	20g	<0.1g	<1%
Sugars	90g	3.9g	4%
Salt	6g	<0.01g	<1%

## Nutrition & Reference Intakes Information

Per serving microwaved provides:

Reference intake of an average adult (8400kJ / 2000kcal).

Average values per 100g: Energy 285kJ / 68kcal.

§ Average value when microwaved according to pack instructions.

NRV = Nutrient Reference Value

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FOP traffic light labelling:

fat: green

saturated fat: green

total sugars: green

salt: green

## Local Information

### Product information

Property	Details
Manufacturer	Birds Eye, Denes 2,
Address	Whapload Road, Lowestoft, Suffolk NR32 1XQ.
Country	United Kingdom.