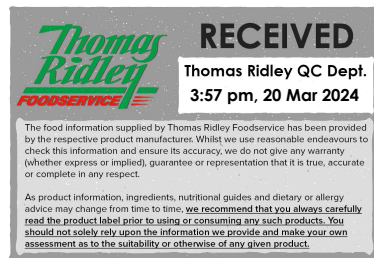


Changed Mar 19, 2024 10:55

Reviewed Mar 19, 2024 10:55

Erudus ID cdf255197241417e8448856ff8de6140

Version 2.0



11476

MSC Breaded Pollock Fillets

Skinless, Boneless Formed Pollock Fillets Coated In Breadcrumbs, Flash Fried 60x1

PRODUCT DESCRIPTION

Skinless, boneless Pollock fillets coated in breadcrumbs, flash fried 60 x 50-70g

Brand	Three Oceans Fish Company
Manufacturer Product Code	MSC MBRAF2
Product Type	Food
Product Category	Fish - Breaded/Coated
Storage Type	Frozen
Erudus ID	cdf255197241417e8448856ff8de6140
Specification Type	Fish and Seafood
Outer Case GTIN	5060061301343



INGREDIENTS

Ingredient Declaration

Pollock (**FISH**) (50%), **WHEAT** Flour (with Calcium Carbonate, iron, Niacin, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising Agent (Ammonium Carbonate).

ALLERGENS

Product Contains:

Celery/Celeriac	No	Mustard	No
Cereals Containing Gluten	Yes	Nuts (Tree)	No
Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
Crustacea	No	Macadamia (Queensland) nuts	No
Eggs	No	Pecan nuts	No
Fish	Yes	Pistachio nuts	No
Lupin	No	Walnuts	No
Milk	No	Peanuts	No
Molluscs	No	Sesame Seeds	No
		Soybeans	No
		Sulphur Dioxide and Sulphites	No

Additional Allergen Information

Allergens in the ingredient declaration are shown in BOLD CAPITALS

SUPPLEMENTARY INGREDIENT INFORMATION

Palm Oil	No
Hydrogenated Vegetable Oil/Fat	No
GM Protein/DNA	No

ADDITIVES

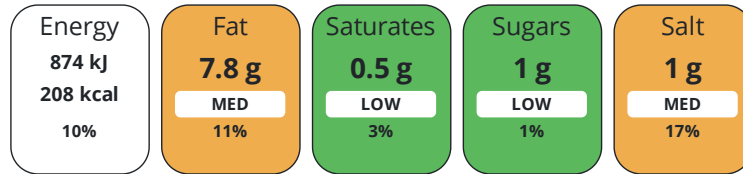
Product Contains:

Artificial Antioxidants	No	Artificial Flavourings	No
Artificial Colours	No	Artificial Preservatives	No
Artificial Flavour Enhancers	No	Artificial Sweeteners	No
Halal Diet	No	Kosher Diet	No

DIET SUITABILITY

NUTRITIONAL INFORMATION

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 208kcal / 874kJ

Nutrient	per 100g	RI per 100g	per 60g serving	RI per 60g serving
Energy (kJ)	874 kJ	10%	524.4 kJ	6%
Energy (kcal)	208 kcal	10%	124.8 kcal	6%
Fat	7.8 g	11%	4.7 g	7%
of which Saturates	0.5 g	3%	0.3 g	2%
of which Mono-unsaturates	0 g		-	
of which Polyunsaturates	0 g		-	
Carbohydrate	23 g	9%	13.8 g	5%
of which Sugars	1 g	1%	0.6 g	1%
Fibre	1.2 g		0.7 g	
Protein	11.5 g	23%	6.9 g	14%
Salt	1 g	17%	0.6 g	10%
Sodium	390 mg		234 mg	
Serving Size	60 g			
Number of Servings	60 Servings			

SUPPLEMENTARY NUTRITIONAL INFORMATION

Trans Fats per 100 g/ml	0 g
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HANDLING & STORAGE INFORMATION

Directions For Use

Oven from frozen: Place on a baking tray in a pre-heated oven at 200°C / Gas mark 6 for approximately 18 minutes. Deep fry from frozen: Deep fry in hot oil at 180°C for approximately 3 - 5 minutes. This is a raw product and must be cooked to a minimum temperature of 75°C for 30 seconds or equivalent.

Storage Instructions

Store frozen product at -18C or colder. Do not re-freeze after thawing.

Shelf Life from Time of Production	548 Days	Exempt From Shelf Life Labelling	No
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ACCREDITATIONS/ CERTIFICATIONS/ ASSURANCE SCHEMES

BRCGS Certified		Marine Stewardship Council (MSC)	
Other Accreditation			

ORIGIN	Product Country of Origin/Place of Provenance	United Kingdom					
	Catch Method	Bottom Trawl, Midwater Trawl					
	Catch Zone						
	Fish Species	Pollack / Pollock - Theragra chalcogramma					
PRODUCT CHARACTERISTICS CONFIGURATION	Standards Testing						
	Case Configuration				Inner Pack Configuration		
	Total Quantity of Inner Components in Outer Case	60 Units			Count per Inner Component	1	
	Is the Outer Case Splittable?	No					
PRODUCT WEIGHTS	Inner Component						
	Variable Weight Consumer Item	No					
	Outer Case						
	Outer Case Gross Weight	4.36 kg					
	Outer Case Net Weight	4.2 kg					
PRODUCT DIMENSIONS	Inner Component						
	Inner Component Depth	0 mm					
	Inner Component Width	0 mm					
	Inner Component Height	0 mm					
	Outer Case						
	Outer Case Depth	335 mm					
	Outer Case Width	252 mm					
	Outer Case Height	120 mm					
PALLET INFORMATION	Quantity of Cases Per Pallet Layer	14 Cases			Pallet Height	1.71 MTR	
	Quantity of Layers Per Pallet	14 Layers			Pallet Gross Weight	639.3 kg	
	Quantity of Cases Per Pallet	196 Cases					
PACKAGING	Outer Case Packaging						
	Type	Materials	Weight	Recycled Plastic %	Recyclable	Returnable	Composite
	Case	Plastic	15 g	- %			
	Case	Paper/Cardboard	235 g	- %			
	Transport Packaging						
	Type	Materials	Weight	Recycled Plastic %	Recyclable	Returnable	Composite
	Other	Wood	30000 g	- %			
	OTHER INFORMATION	Intrastat/Taric Code	0			Identification/Health Marks	GB HU044
		Manufacturer Comments	N/A				

CONTACT
INFORMATION

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