Changed Feb 07, 2024 16:39 Reviewed Feb 07, 2024 16:39 Erudus ID 3c8d85431eaf45fe9407bfa1c98dfb28 Version 2.0





# MSC Premier Whitefish Fishcake 113g

Cod (gadus Morhua), Haddock (melanogrammus Aeglefinus), Pollock (theragra Chalcogramma) 30x30

#### PRODUCT DESCRIPTION

Formed minced whitefish and potato coated in breadcrumb, flash fried

**Product Contains:** 

Brand	Three Oceans Fish Company
Manufacturer Product Code	PFC4
Product Type	Food
Product Category	Fishcakes & Fish Pies
Storage Type	Frozen
Erudus ID	3c8d85431eaf45fe9407bfa1c98dfb28
Specification Type	Fish and Seafood
Outer Case GTIN	5060061303729



#### INGREDIENTS **Ingredient Declaration**

ALLERGENS

# Minced Whitefish (FISH) (36%), Water, Potato Flake, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Salt, Raising agent (Sodium Phosphates), Onion, Sage, Parsley, Yeast, Mono- and diglycerides of Fatty Acids, Pepper Extract.

Celery/Celeriac	No
Cereals Containing Gluten	Yes
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	Yes
Crustacea	No
Crustacea Eggs	No No
Eggs	No
Eggs Fish	No Yes

Mustard	No
Nuts (Tree)	No
Almond nuts	No
Brazil nuts	No
Cashew nuts	No
Hazelnuts	No
Macadamia (Queensland) nuts	No
Pecan nuts	No
Pistachio nuts	No
Walnuts	No
Peanuts	No
Sesame Seeds	No
Soybeans	No
Sulphur Dioxide and Sulphites	No

#### Additional Allergen Information

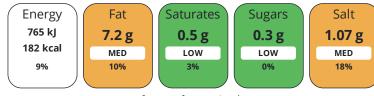
Allergens in the ingredients list are shown in CAPITALS

SUPPLEMENTARY INGREDIENT	Palm Oil	No
INFORMATION	Hydrogenated Vegetable Oil/Fat	No
	GM Protein/DNA	No

ADDITIVES	Product Contains:			
	Artificial Antioxidants	No	Artificial Flavourings	No
	Artificial Colours	No	Artificial Preservatives	No
	Artificial Flavour Enhancers	No	Artificial Sweeteners	No
DIET SUITABILITY	Halal Diet	No	Kosher Diet	No

## NUTRITIONAL INFORMATION

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 182kcal / 765kj

Nutrient	per 100g	RI per 100g	per 100g serving	RI per 100g serving
Energy (kJ)	765 kJ	9%	765 kJ	9%
Energy (kcal)	182 kcal	9%	182 kcal	9%
Fat	7.2 g	10%	7.2 g	10%
of which Saturates	0.5 g	3%	0.5 g	3%
Carbohydrate	17.4 g	7%	17.4 g	7%
of which Sugars	0.3 g	0%	0.3 g	0%
Fibre	2.5 g		2.5 g	
Protein	10.7 g	21%	10.7 g	21%
Salt	1.07 g	18%	1.1 g	18%

Serving Size

100 g

#### SUPPLEMENTARY NUTRITIONAL INFORMATION

HANDLING & STORAGE INFORMATION

# **Directions For Use**

Oven bake: Place on a baking tray in a pre-heated oven at 200°c / gas mark 7 for approximately 20 - 22 minutes. Deep fry: Deep fry in hot oil at 180°c for approximately 5 minutes. Air fry: Cook using manufacturers guidelines. This is a raw product and must be cooked to a minimum temperature of 75°c for 30 seconds or equivalent.

### Storage Instructions

Keep frozen at -18°c or below and do not refreeze after thawing. Product to be stored and transported at -18°c or below under clean hygienic conditions.

	Shelf Life from Time of Production	547 Days	Exempt From Shelf Life Labelling	Yes
ACCREDITATIONS/ CERTIFICATIONS/ ASSURANCE SCHEMES	CERTIFICATION BODY			
ORIGIN				
PRODUCT	Standards Testing			
CHARACTERISTICS	Do you undertake trend analysis of	Yes	Is shelf life testing undertaken?	No
	microbiological results?			

	Microbiological Stan	dards				
	Organism	Descriptio	on Frequency	Target	Maximum	Sample (g or ml)
	E. Coli (cfu/g or ml)		Every Batch	<100	100	113
	Enterobacteriaceae ( ml)	fu/g or	Every Batch	<1000	1000	113
	Staphylococcus Aurer or ml)	us (cfu/g	Every Batch	<100	100	113
	Aerobic Colony Count (cfu/g or ml)	(ACC)	Every Batch	<1000000	1000000	113
ONFIGURATION	Case Configuration			Inner Pack Conf	iguration	
	Total Quantity of Inn Outer Case	er Components in	30 Units	Count per Inner	Component	30
VRODUCT VEIGHTS	Inner Component	umor Itom	No			
	Variable Weight Cons		No			
	Outer Case Gross We	ight	3.57 kg			
	Outer Case Net Weig	-	3.39 kg			
RODUCT	Inner Component		5.55 18			
RODUCT	-	nth	0.55			
	Inner Component De Inner Component Wi		0 mm 0 mm			
	Inner Component He		0 mm			
	Outer Case	6				
	Outer Case Depth		292 mm			
	Outer Case Width		227 mm			
	Outer Case Height		114 mm			
PALLET	Quantity of Cases Pe	Pallet Layer	17 Cases	Pallet Height		1.71 MTR
	Quantity of Layers Pe	er Pallet	13 Layers	Pallet Gross Wei	ight	911.37 kg
	Quantity of Cases Per	Pallet	221 Cases			
PACKAGING	Outer Case Packagin	g				
-						

OTHER INFORMATION CONTACT INFORMATION Address Three Oceans Fish Company Ocean House Witty Street Hull HU3 4TT United Kingdom

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