



Marigold Health Foods Ltd.
 The Coalface, Clifton House
 46 Clifton Terrace,
 London N4 3JP, UK
 Tel. 020 7388 4515
 tradesales@marigoldhealth.co.uk
 www.marigoldhealthfoods.co.uk

PRODUCT SPECIFICATION

Product Name and Code: Marigold Catering Engevita B12 Yeast Flakes 750g (Code 15198)

Recipe: 32143-19-75 Engevita® Vegevita Flakes

Manufactured in: Estonia

General description: A savoury tasting inactivated yeast rich in B-group vitamins and zinc. It is specially grown and processed from primary yeast (*Saccharomyces cerevisiae*). The yeast is roller drum dried to homogeneous flakes.

Ingredients: Nutritional yeast (*Saccharomyces cerevisiae*, inactive), thiamine (B1), riboflavin (B2), niacin (B3), pantothenic acid (B5), pyridoxine (B6), biotin (B7), folic acid (B9), cyanocobalamin (B12), zinc sulfate

Allergens in bold

Allergen Statement: Made in a factory that handles soya and sulphites.

Storage conditions: Keep in a cool and dry place (8-25°C) and protect from light and frost. Always close the container properly.

Shelf Life: 36 months in original packaging, when following the recommended storage conditions.

Pack Format: 1 x 750g (Code 15198)

Retail Packaging: Plastic PP tub

Packaging Recyclability Statement: Tub and lid widely recycled

Nutrition Information

Nutrients:	Units:	Typical Value per 100g	Per serving: 5g
ENERGY	kJ	1460	73
	kcal	349	17
FAT	(g)	5	0.25
Of which: saturates	(g)	1	0.05
CARBOHYDRATE	(g)	19	0.95
Of which: Sugars	(g)	1	0.05
FIBRE	(g)	20	1
PROTEIN	(g)	47	2.35
SALT	(g)	0.25	0.01

*Salt is 2.5 times the value of sodium

visit our website

www.marigoldhealthfoods.co.uk

Directors: P. Tobin, O.T. Aluko, P. Langsam • Registered in London No 1300295 at above address • VAT registration GB 231 5878 75



Marigold Health Foods Ltd.
 The Coalface, Clifton House
 46 Clifton Terrace,
 London N4 3JP, UK
 Tel. 020 7388 4515
 tradesales@marigoldhealth.co.uk
 www.marigoldhealthfoods.co.uk

Additional Nutrition Information

Additional Information: Vitamins and Minerals	Units:	Typical Value per 100g	Per serving: 5g
Thiamine B1	(mg)	41	2.1
Riboflavin (B2)	(mg)	18	0.9
Niacin B3	(mg)	420	21
Vitamin B6	(mg)	34	1.7
Folic Acid B9	(mcg)	4000	200
Vitamin B12	(mcg)	44	2.2
Biotin	(mcg)	196	9.8
Pantothenic acid	(mg)	140	7
Iron	(mg)	4	0.2
Zinc	(mg)	120	6

Specification:

The following are reported for each lot on the certificate of analysis:	
Protein	≥ 45 %
Moisture	≤ 6 %
Gluten	<20 ppm
Odour, flavour and appearance	Meet standards
Standard plate count	< 10 000 CFU/g
Yeast and molds	< 300 CFU/g
Coliforms	< 10 CFU/g
<i>E. coli</i>	Not detected/g
<i>S. aureus</i> (Coag +)	Not detected/g
<i>Salmonella</i>	Not detected/375 g
The following are guaranteed for each lot, but only tested annually. They will be reported on the certificate of analysis:	
Salt (NaCl)	< 1%
Arsenic	< 2 ppm
Lead	< 1 ppm
Mercury	< 0.1 ppm
Cadmium	< 1 ppm

visit our website

www.marigoldhealthfoods.co.uk

Directors: P. Tobin, O.T. Aluko, P. Langsam • Registered in London No 1300295 at above address • VAT registration GB 231 5878 75



Marigold Health Foods Ltd.
The Coalface, Clifton House
46 Clifton Terrace,
London N4 3JP, UK
Tel. 020 7388 4515
tradesales@marigoldhealth.co.uk
www.marigoldhealthfoods.co.uk

Dietary information:

suitable for vegans and vegetarians
gluten free

Allergy Information

Legend: = not containing, = containing

<input type="checkbox"/> cereals containing gluten	<input type="checkbox"/> mustard	<input type="checkbox"/> lupine
<input type="checkbox"/> nuts	<input type="checkbox"/> fish	<input type="checkbox"/> milk
<input type="checkbox"/> crustaceans	<input type="checkbox"/> sesame	<input type="checkbox"/> molluscs
<input type="checkbox"/> celery	<input type="checkbox"/> peanut	<input type="checkbox"/> sulphites
<input type="checkbox"/> egg	<input type="checkbox"/> soya	

Sulphites with a content of <10ppm in the prepared product are not to be marked as an allergen.

Preparation

Cooking time: 0 minutes
Instruction
Ready to eat. Dissolved in water, milk, fruit/vegetable juices or sprinkled over soups, casseroles, salads and breakfast cereals to enhance their flavour. 5g serving - 1tbsp

Further information: *The information in this specification document has been carefully compiled to the best of our knowledge. Our products are sold subject to the understanding that perspective purchasers will conduct their own evaluations to determine the suitability of the products in their applications. Local food regulations should always be consulted to specific applications and necessary declarations. Legislation may vary from country to country. This product complies fully with the requirements of legislation in force in the UK and EU on foods and food ingredients. These include regulations on additives, labelling, hygiene, contaminants and pesticides.*

Version: 3/2022 (code 553 and 13486 removed, ingredients list, allergen statement and recyclability info update)

Date of print: 26.05.2022

visit our website

www.marigoldhealthfoods.co.uk

Directors: P. Tobin, O.T. Aluko, P. Langsam • Registered in London No 1300295 at above address • VAT registration GB 231 5878 75