

Product Specification



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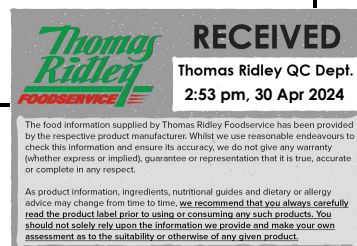
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Approved by:

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Thai Crab Cake



PLANT IT CODE: FF3003  
PRODUCT: Plant-It Thai Crab Cake

Description: Delicious Thai-style fish cakes with lemongrass, Spinach and kelp.

Application: To be sold in the frozen state for cooking before consumption.

Target consumers: All food service applications and providers.

Ingredients:

Water, **Soya** Protein Concentrate, Onion, Sunflower Oil, Rapeseed Oil, Spinach, Pea Starch, Kelp Noodles, Spring Onion, Ginger Root, Green Chilli, Vegan Fish Stock (Salt, Maltodextrin, Natural Flavour, Corn Starch, Seaweed, Dehydrated Vegetables, Herbs and Spices), Natural Flavour, Thickener: Methyl Cellulose; Lime Juice, Powdered Cellulose, Fructo-oligosaccharides, Colour: Calcium Carbonate; Cider Vinegar, Olive Oil, Lemongrass, Coriander, Basil, Salt, Garlic Powder, Black Pepper, Coriander Powder.

FOR ALLERGENS: SEE INGREDIENTS IN BOLD

Allergen information: Contains **Soya**.

Vulnerability of product: Consumers who are allergic to above mentioned allergens are not advised to consume this product.

Country of manufacture: Ireland

Country of origin of ingredients: EU & Non-EU

Physical properties (per cake):

Appearance and colour (frozen): Pale beige patty with green flecks of spinach and kelp.

Dimensions and weight (frozen): Target per cake: 50g

Odour and taste (cooked): Reminiscent of fish with a tangy bite.

Texture (cooked): Succulent yet firm.

**Dietary and other suitability:**

Suitable for?	Yes / No	Comments
Vegetarians	Yes	
Vegans	Yes	
Coeliac	Yes	
Halal	Yes	Not certified
Kosher	Yes	Not certified

**Nutritional information per 100g (Calculated):**

Energy (kJ/ kcal)	580/140
Fat (g)	7.9
of which are saturates (g)	0.8
Carbohydrate (g)	4.9
of which are sugars (g)	0.8
Fibre (g)	5.7
Protein (g)	8.7
Salt (g)	1.0

**Microbiology information:**

Organism	Maximum limit (cfu/g)
Enterobacteriaceae	<100
E.coli	<10
Salmonella	Absent in 25g

**Safety and cooking information:**

Product must be cooked according to pack instructions prior to consumption, however, please note as all cooking appliances vary this is a guide only for cooking from frozen. Ensure product is thoroughly cooked to 75°C and piping hot before consumption. Do not reheat once cooled.

Oven: Pre-heat oven to 200°C. Place on a baking tray and cook for 20 minutes.

Product passes metal detection with sensitivity 2.5mm Fe, 2.5mm non-Fe and 3.5mm S/S

**Packaging:**

	Food Service
Pack weight	1kg e
Packs per case	5
Recyclable	Yes
Primary packaging	Clear polythene plain bag <ul style="list-style-type: none"><li>• 340mm x 120mm x210mm</li></ul>
Secondary packaging	White outer case box <ul style="list-style-type: none"><li>• 399mm x 333mm x 146mm</li></ul>
Tertiary packaging	90 cases on 1 pallet wrapped with polythene plastic

**Storage:** Keep frozen at -18°C or lower. Do not re-freeze.

**Shelf life:** 12 months from date of manufacture.