
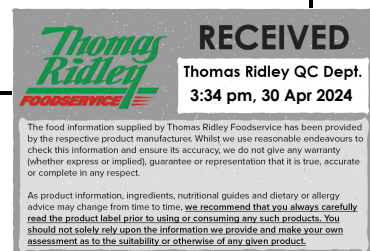


Product Specification

	Document No: 3.6-0
	Revision No: 03
	Issue Date: 20/10/2023
	Created By: Sinéad Dixon
	Approved by:
Veggie Bites	Niamh



PLANT IT CODE: FF5007
PRODUCT: Plant-It Veggie Bites

Description: Part-cooked vegetable bite sized pieces containing pea protein combined with vegetables and other functional ingredients, lightly dusted and fried.

Application: To be sold in the frozen state for cooking before consumption.

Target consumers: All food service applications and providers.

Ingredients:

Vegetables (Carrot, Broad Bean, Red Pepper, Broccoli, Spinach, Onion, Spring Onion, Courgette, Curly Kale), Water, **Wheat** Flour, Pea Starch, Rapeseed Oil, Pea Protein, Gluten Free **Oat** Fibre, Lime Juice, Fructo-oligosaccharides, Shea Fat, Sunflower Oil, Parsley, Coriander, Basil, Natural Flavours, Salt, Colour: Calcium Carbonate, Thickener: Methyl Cellulose, Turmeric, Citrus Fibre, **Wheat** Gluten, Garlic Powder, Black Pepper.

FOR ALLERGENS: SEE INGREDIENTS IN BOLD

Allergen information: Contains **Wheat**.
Produced on a line that handles **Soya**.

Vulnerability of product: Consumers who are allergic to above mentioned allergens are not advised to consume this product.

Country of manufacture: Ireland

Country of origin of ingredients: EU & Non-EU

Physical properties (per bite):

Dimensions and weight (frozen): Target per bite: 20g
 Appearance and colour (frozen): Round bites of green/beige colour with chopped vegetable pieces.
 Appearance and colour (cooked): As above.
 Odour and taste (cooked): Of vegetables and herbs.
 Texture (cooked): Soft eat with a crunchy vegetable texture.

Dietary and other suitability:

Suitable for?	Yes / No	Comments
Vegetarians	Yes	
Vegans	Yes	
Coeliac	No	Contains Wheat
Halal	Yes	Not certified
Kosher	Yes	Not certified

Nutritional Information per 100g (Calculated):

Energy (kJ/ kcal)	809/193
Fat (g)	8.7
of which are saturates (g)	1.0
Carbohydrate (g)	18.6
of which are sugars (g)	1.0
Fibre (g)	5.7
Protein (g)	7.4
Salt (g)	0.8

Microbiology information:

Organism	Maximum limit (cfu/g)
Enterobacteriaceae	<10,000
E.coli	<100
Salmonella	Absent in 25g

Safety and cooking information:

Product must be cooked according to pack instructions prior to consumption, however, please note as all cooking appliances vary this is a guide only for cooking from frozen. Ensure product is thoroughly cooked to 75°C and piping hot before consumption.

Oven: Pre-heat Oven to 200°C, fan oven at 180°C, Gas 6. Place frozen product on a baking tray and cook for 12 minutes, turning occasionally until golden brown.

Air Fryer: Set the air fryer to 180°C. Place frozen product into the basket and cook for 6 minutes.

Product passes metal detection with sensitivity 2.5mm Fe, 2.5mm non-Fe and 3.5mm S/S

Packaging:

	Food Service
Pack weight	1Kg e
Packs per case	5
Recyclable	Yes
Primary packaging	Clear polythene plain bag <ul style="list-style-type: none">• 340mm x 120mm 210mm x 50 mu
Secondary packaging	White outer case box: Grade B Wt HP 466 <ul style="list-style-type: none">• 399 x 333 x 146 mm
Tertiary packaging	90 cases on 1 pallet wrapped with polythene plastic

Storage: Keep frozen at -18°C or lower. Do not re-freeze.

Shelf life: 12 months from date of manufacture.