

RECEIVED
Thomas Ridley QC Dept.
12:44 pm, 8 Aug 2024

The food information supplied by Thomas Ridley Foodservice has been provided by the respective product manufacturer. Whilst we use reasonable endeavours to check this information and ensure its accuracy, we do not give any warranty (whether express or implied), guarantee or representation that it is true, accurate or complete in any respect.

As product information, ingredients, nutritional guides and dietary or allergy advice may change from time to time, we recommend that you always carefully read the product label prior to using or consuming any such products. You should not solely rely upon the information we provide and make your own assessment as to the suitability or otherwise of any given product.

18324 | Pier 7 | 25-170-200

Pier 7 MSC Large Battered Cod Fillets 170 - 200g

Skinless and boneless formed cod fillet coated in a tasty lightly fried batter suitable for deep fry and oven baking. Sustainably sourced and MSC certified.

Document Published: 31 May 2024, 01:02:59 PM



Disclaimer: As we do not manufacture we warrant only that we will transmit accurately product data (ingredient and allergen) as are received by us from the manufacturer/supplier of such product. By accepting product and image information you agree to obtain our written permission before you transmit such product data or images outside your business. You agree to check for updates and refer to the packaging at all times because product data change regularly. You must not alter the product data or images. If despite this you choose to do so we will not be responsible.

Description

Legal Product Name	Skinless, boneless formed cod fillets in batter
Unique Marketing Statement	Skinless and boneless formed cod fillet coated in a tasty lightly fried batter suitable for deep fry and oven baking. Sustainably sourced and MSC certified.
Brand Name	Pier 7
Country of Origin	United Kingdom

Ingredients

Ingredients	Cod (FISH) (50%), WHEAT flour (WHEAT flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, WHEAT Starch, Salt, Yeast Extract, Maize Starch, Yeast, Stabiliser: Xanthan Gum; Dextrose, Sunflower Oil, Emulsifier: Sunflower Lecithin; Raising Agent: Ammonium Carbonate.
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	25
------------------------------------	----

Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	829.75 kJ
Energy (Kilocalories)	198.55 kcal
Fat, Total	10.75 g
Saturated	0.57 g
Carbohydrate	16.1 g
Sugars	0.4 g
Dietary Fibre, Total	1.3 g
Protein, Total	8.7 g
Salt	0.75 g
Sodium	299 mg

Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat	Contains
Rye	Does NOT Contain
Barley	May Contain
Oats	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Contains
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds	Does NOT Contain
Hazelnuts	Does NOT Contain
Walnuts	Does NOT Contain
Cashews	Does NOT Contain
Pecan nuts	Does NOT Contain
Brazil nuts	Does NOT Contain
Pistachio nuts	Does NOT Contain
Macadamia or Queensland nuts	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	No
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Does any other assurance scheme apply to this product?	MSC

Preparation Suggestions

Is the product ready to eat?	NO
Oven From Frozen	Place on a baking tray in a pre-heated oven at 220°C / Gas mark 7 for approximately 22 - 25 minutes.
Fry From Frozen	Deep fry in hot oil at 180°C for approximately 8 - 9 minutes.

Packaging

Do you have any packaging environmental claims?

No

Empty input field