

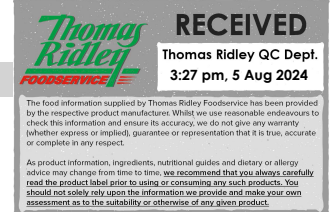
General Report

Part [Rev]: 2000967IS [15]
Description LCON Value Fish Fingers 25g MSC GB
Status CURRENT **Frame [Rev]:** IFG-CONSPEC-2014 [27]
Planned Eff.: 03/04/2023 **Specification Type:** CON

Created by: Geraldine Millican
Created on: 10/03/2023 11:31:52
Last Modified By: Geraldine Millican
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Reason For Issue

Added MSC to title. 10.03.23



Key Words

Key Word	Value
Nutrition KPI	Child Meal Centre
Channel	Food Service
DU Code	96018360

Manufacturers

Classification

Attachments

General Information

Description

Consumer Information for Minced Alaska pollock Fish Fingers 25g MSC.

Product Name Details

Property	Description
Brand Name	Captain Birds Eye
Product Name	Value Fish Fingers

BOP Legal Descriptor

Minced Alaska pollock Fish Fingers, lightly fried.

Coding Requirements

Property	Yes	No	Comment
Date of First Freeze		<input checked="" type="checkbox"/>	

Ingredient Declaration

Generation Details

Generated By	Date Generated	Source of Data	Note
E Borsah	13/02/2023	Calculated in IS RD Modules	

Ingredients Declaration

Our ingredients...

Minced Alaska Pollock (FISH) (62%), Breadcrumb Coating*, Rapeseed Oil.

*Breadcrumb Coating (WHEAT Flour, Water, Potato Starch, Salt, Paprika, Yeast, Turmeric).

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Instructions for Design House - Ingredients Declaration

[Ingredients in capitals to be in BOLD]

Allergy Advice

For allergens see ingredients in CAPITAL LETTERS.

Instructions for Design House - Allergy Advice

'CAPITAL LETTERS' in bold.

Bones and Shell Disclaimer

Although great care has been taken to remove all bones, some may remain.

Instructions for Design House - Bones and Shell Disclaimer

[All text in Bold]

Claims and Declarations

Declarations

Property	Attribute	Value	UOM	Comment
Best Before	Months	18	month(s)	

Packaging marked label Accreditation Code

Declaration Type	Recycling Logo	Recycling Logo Detail	Code	Note
Animal ID Health Mark			DE HB 00145 EC	
OPRL Logo	Recycle	CARTON CARD		

Primary Allergens

Property	GS1	Present	Absent	Comp of RM	Cross contact	Comment	Note
Cereals cont. Gluten & products	AW	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		Wheat Flour.	
Wheat/Wheat products	UW	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		Wheat Flour.	
Rye/Rye products	NR		<input checked="" type="checkbox"/>				
Barley/Barley products	GB		<input checked="" type="checkbox"/>				
Oats/Oats products	GO		<input checked="" type="checkbox"/>				
Spelt/Spelt products	GS		<input checked="" type="checkbox"/>				
Kamut/Kamut products	GK		<input checked="" type="checkbox"/>				
Crustaceans and products	AC		<input checked="" type="checkbox"/>				
Eggs and products	AE		<input checked="" type="checkbox"/>				
Fish and products	AF	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		Alaska Pollock Mince.	
Peanuts and products	AP		<input checked="" type="checkbox"/>				
Soybeans and products	AY		<input checked="" type="checkbox"/>				
Milk/Dairy and products	AM		<input checked="" type="checkbox"/>				
Lactose	ML		<input checked="" type="checkbox"/>				
Nuts and products	AN		<input checked="" type="checkbox"/>				
Almonds/Almond products	SA		<input checked="" type="checkbox"/>				
Hazelnuts/Hazelnut products	SH		<input checked="" type="checkbox"/>				
Walnuts/Walnut products	SW		<input checked="" type="checkbox"/>				
Cashews/Cashew products	SC		<input checked="" type="checkbox"/>				
Pecan nuts/Pecan products	SP		<input checked="" type="checkbox"/>				
Brazil nuts/Brazil nut products	SR		<input checked="" type="checkbox"/>				

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Property	GS1	Present	Absent	Comp of RM	Cross contact	Comment	Note
Pistachio nuts + products	ST		<input checked="" type="checkbox"/>				
Macademia/Queensland nuts + products	SQ		<input checked="" type="checkbox"/>				
Celery and products	BC		<input checked="" type="checkbox"/>				
Mustard and products	BM		<input checked="" type="checkbox"/>				
Sesame seeds and products	AS		<input checked="" type="checkbox"/>				
SO2 and Sulphites (=> 10mg/kg)	AU		<input checked="" type="checkbox"/>				
Lupin and products	NL		<input checked="" type="checkbox"/>				
Molluscs and products	UM		<input checked="" type="checkbox"/>				

Secondary Allergens

Property	GS1	Present	Absent	Comment	Note
SO2 and Sulphites (<10mg/kg)	-	<input checked="" type="checkbox"/>		Potato Starch.	
Peas and products (excl. dried)	NE		<input checked="" type="checkbox"/>		
Beans and products (excl. dried)	-		<input checked="" type="checkbox"/>		
Fenugreek and products	-		<input checked="" type="checkbox"/>		
Dried peas and products	-		<input checked="" type="checkbox"/>		
Dried beans and products	-		<input checked="" type="checkbox"/>		
Chick peas and products	-		<input checked="" type="checkbox"/>		
Lentils and products	-		<input checked="" type="checkbox"/>		
Sunflower seeds and products	SS		<input checked="" type="checkbox"/>		
Poppy seeds and products	PS		<input checked="" type="checkbox"/>		
Pine nuts/kernels and products	PN		<input checked="" type="checkbox"/>		
Pumpkin seeds and products	-		<input checked="" type="checkbox"/>		
Melon seeds and products	-		<input checked="" type="checkbox"/>		
Apricot kernels and products	-		<input checked="" type="checkbox"/>		
Maize and products	NM		<input checked="" type="checkbox"/>		
Buckwheat and products	-		<input checked="" type="checkbox"/>		
Orange and products	-		<input checked="" type="checkbox"/>		
Lemon and products	-		<input checked="" type="checkbox"/>		
Lime and products	-		<input checked="" type="checkbox"/>		
Grapefruit and products	-		<input checked="" type="checkbox"/>		
Cherry and products	-		<input checked="" type="checkbox"/>		
Mango and products	-		<input checked="" type="checkbox"/>		
Nectarine and products	-		<input checked="" type="checkbox"/>		
Peach and products	-		<input checked="" type="checkbox"/>		
Plum and products	-		<input checked="" type="checkbox"/>		
Tomato and products	-		<input checked="" type="checkbox"/>		
Strawberries and products	-		<input checked="" type="checkbox"/>		
Melon and products (excl. seeds)	-		<input checked="" type="checkbox"/>		
Pineapple and products	-		<input checked="" type="checkbox"/>		
Pear and products	-		<input checked="" type="checkbox"/>		
Banana and products	-		<input checked="" type="checkbox"/>		
Avocado pears and products	-		<input checked="" type="checkbox"/>		
Kiwi fruit and products	-		<input checked="" type="checkbox"/>		

Other Ingredients of Concern

Property	GS1	Present	Absent	Source	Note
Yeast and yeast extract	-	<input checked="" type="checkbox"/>		Yeast.	
Alcohol	-		<input checked="" type="checkbox"/>		
Colours	-		<input checked="" type="checkbox"/>		
Flavours	-		<input checked="" type="checkbox"/>		

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Property	GS1	Present	Absent	Source	Note
Preservatives	-		<input checked="" type="checkbox"/>		
Palm (kernel) oil & derivates	-		<input checked="" type="checkbox"/>		
Bovine Meat & Derivatives	BF		<input checked="" type="checkbox"/>		
Porcine Meat & Derivatives	PO		<input checked="" type="checkbox"/>		
Ovine Meat & Derivatives	-		<input checked="" type="checkbox"/>		
Other Mammal Meat & Deriv	-		<input checked="" type="checkbox"/>		
Poultry Meat, Fat & Prod.	CM.		<input checked="" type="checkbox"/>		
Irradiation	-		<input checked="" type="checkbox"/>		

Dietary Suitability - Certified Status

Property	Yes	No	Comment
Hal-al		<input checked="" type="checkbox"/>	
Kosher		<input checked="" type="checkbox"/>	
Vegan		<input checked="" type="checkbox"/>	
Ovo Lacto Vegetarian		<input checked="" type="checkbox"/>	
Lacto Vegetarian		<input checked="" type="checkbox"/>	
Organic		<input checked="" type="checkbox"/>	

Labelling requirements

Property	Yes	No	Comment
Is GM Labelling required?		<input checked="" type="checkbox"/>	
Is labelling for engineered nano-materials required?		<input checked="" type="checkbox"/>	

Claims

Property	Description	Note
Claim	No artificial colours, flavours or preservatives.	
Claim	CERTIFIED SUSTAINABLE SEAFOOD www.msc.org . [see note for substantiating text which must accompany the claim]	<input checked="" type="checkbox"/>
Claim	For a sustainable tomorrow [see note for text to accompany the logo].	<input checked="" type="checkbox"/>
Claim	Freshness locked in from sea to plate [See note for rest of text].	<input checked="" type="checkbox"/>
Claim	Source of Omega-3 Fatty Acids [See note for substantiating text that must accompany claim].	<input checked="" type="checkbox"/>
Claim	Good for your health ** [see note for substantiating text that must accompany claim].	<input checked="" type="checkbox"/>

Claim [] (note)

CHOOSE THE BLUE FISH Thank you for choosing fish that has met the MSC's global standard for sustainability. Together we can help protect fish stocks for the future. Find out more at www.msc.org MSC-C-50470

Claim [] (note)

Making a difference with responsibly sourced and prepared food every day. For more visit birdseye.co.uk/our-sustainable-path

Claim [] (note)

To find out more about our ingredients and where this Fish comes from, visit www.birdseye.co.uk

Claim [] (note)

* Value Fish Fingers are a source of Omega 3 (DHA+EPA) which contributes to the normal function of the heart. The beneficial effect is obtained with a daily intake of 250mg of DHA and EPA. Enjoy as part of a varied, balanced diet and healthy lifestyle.

Claim [] (note)

* Omega 3 Fish Fingers are a source of Omega 3 (DHA+EPA) which contributes to the normal function of the heart. The beneficial effect is obtained with a daily intake of 250mg of DHA and EPA. Enjoy as part of a varied, balanced diet and healthy lifestyle.

Instructions

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Generation Details

Generated By	Date Generated	Country	Note
Ryan Benjamin	25/02/2019	UK	

Instructions for Use

To prepare...

Tastiest when OVEN BAKED STRAIGHT FROM THE FREEZER.

Instructions for Design House - Instructions for Use

[All text in Bold]

Cooking Method 1

230°C
 210°C Fan
 Gas Mark 8

12-15 mins

Pre-heat the oven.
 Place on a baking tray in the top part of the oven.
 Turn over halfway through cooking.
 Cook until crisp and golden.

Instructions for Design House - Cooking Method 1

oven [icon] *inside lozenge*

Cooking Method 2

Alternatively, grill

Medium Grill

10-12 mins

Pre-heat the grill.
 Turn over occasionally.
 Cook until crisp and golden.

Instructions for Design House - Cooking Method 2

'Alternatively, grill' all in Bold.
 grill [icon] *inside lozenge*

Cooking Method 3

Alternatively, Air Fry from frozen
 8 mins
 Pre-heat to 180°C for 3 ½ mins.

Place product in the basket (max 4 fish fingers) and place in preheated air fryer.
 Turn over halfway through cooking.
 Cook until crisp and golden.
 Allow to stand for 1 minute.

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Instructions for Design House - Cooking Method 3

'Alternatively, Air Fry' all in Bold.

Air Fry [icon] *inside lozenge*

Additional Instructions

Please ensure food is cooked until piping hot.

These instructions are guidelines only.

Do NOT refreeze after defrosting.

Instructions for Design House - Additional Instructions

* All text in bold and bulleted*

Storage Instructions

Store in a freezer at -18°C or cooler.

Nutrition

[FIC Regulation Reference Intakes]

Declarations (FIC)

Property	Attribute	Value	UOM	Comment
Content	Pack 1	200	No.	
Weight	Pack 1	5	kg	
Portions/Doses/Uses	Pack 1	50	No.	
Content	Pack 3	10	No.	
Weight	Pack 3	250	g	
Portions/Doses/Uses	Pack 3	2	No.	
Weight per serving/portion	-	100	g	4 fish fingers.

Generation Details

Generated By	Date Generated	Source of Data	Note
E Borsah	13/02/2023	Calculated in IS RD Modules	

Nutrient Profile Score

Property	Score	Previous Score	Veg per Portion (g)	Comment
Nutrient Profile Score	0	0		

Column Headers on Pack (FIC)

Country	per 100g as sold	per Portion	Comment
per 100g	As sold 100g provides:		
per Portion		Per 4 Fish Fingers oven baked provides:	

Nutrition Information (FIC)

Average Values	Attribute	per 100g	per Portion	UOM	Comment
Energy	kJ	855	855	kJ	
Energy	kcal	204	204	kcal	
Fat	-	8.2	8.2	g	
Fat of which	Saturates	0.7	0.7	g	
Carbohydrate	-	19	19	g	
Carbohydrate of which	Sugars	0.9	0.9	g	
Fibre	Dietary	0.9	0.9	g	
Protein	-	13	13	g	

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Average Values	Attribute	per 100g	per Portion	UOM	Comment
Salt	-	0.71	0.71	g	

Additional Voluntary Nutrient Claims

Statement	Portion size	Cook Method	Quantity	UOM	Nutrient Type
A serving of	4 fish fingers	oven baked provides:	125	mg	Omega 3 (EPA+DHA)

Reference Intake Icons

	Reference Intakes	per Portion	%RI
Energy (kJ)	8400kJ	855kJ	10%
Energy (kcal)	2000kcal	204kcal	10%
Fat	70g	8.2g	12%
Saturates	20g	0.7g	4%
Sugars	90g	0.9g	1%
Salt	6g	0.71g	12%

Nutrition & Reference Intakes Information

Per 4 Fish Fingers oven baked provides:
 Reference intake of an average adult (8400kJ/ 2000kcal)*
 Average values per 100g: Energy 855kJ / 204kcal.

*Children's nutritional needs differ to those of adults consequently smaller portion sizes may be appropriate.

FOP traffic light labelling:

fat: amber
 saturated fat: green
 total sugars: green
 salt: amber

Local Information

Product information

Property	Details
Manufacturer	iglo Holding GmbH
Address	Am Lunedeich 115 27572 Bremerhaven
Country	Germany.