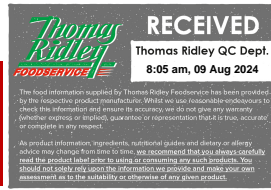


# Kara Doughballs 340g



F00302



## Product Description

White/creamy round frozen doughballs which can be defrosted and rolled out to make pizza's, calzones etc.

## Storage/Handling/Baking Instructions

Keep frozen. Store at -18°C or below.

To defrost take the required amount of doughballs from the freezer and place 2" apart on a tray. To avoid skinning cover with lightly greased film and put in refrigerator overnight. Maximum storage time in refrigerator (5°C) is 2 days after defrost. Best used within 24 hours. **Once defrosted do not refreeze.**

**Cooking instructions:** This product is raw dough and must be cooked thoroughly before serving.

## Ingredient Declaration

**Wheat** Flour, (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Rapeseed Oil, Salt.

## Nutritional Information

Per 100g uncooked

<b>Energy</b>	kJoules	901
	kcal	213
<b>Total Fat (g)</b>		2.5
of which saturates (g)		0.3
of which mono-unsaturates (g)		1.2
of which polyunsaturates (g)		0.9
<b>Available Carbohydrate (g)</b>		38
of which sugars (g)		0.6
<b>Dietary Fibre (g)</b>		3.4
<b>Protein (g)</b>		8.1
<b>Salt (g)</b>		0.6
of which sodium (mg)		224

## Allergens

For allergens, including cereals containing Gluten, see ingredients in **bold**.

## Suitable For

Vegetarians	✓	Halal	✗
Vegans	✓	Kosher	✗

## Product is free from:

GM ingredients, Hydrogenated Fats

## Shelf Life

<b>Frozen Life of Product</b>	12 months
<b>Wrapped life once defrosted</b>	2 days

## Product Data

<b>Product Weight:</b>	340g +/- 3g	<b>Case Net Weight:</b>	10.20kg	<b>Case Dimensions</b>	
<b>Other product info</b>	Suitable for 30cm or 12" thin crust pizzas	<b>Case Gross Weight:</b>	10.59kg	<b>Length:</b>	330mm
		<b>Declared Weight:</b>	10.05kg	<b>Depth:</b>	298mm
		<b>Cases per Layer:</b>	12	<b>Height:</b>	240mm
<b>No. in a Pack:</b>	30 units per pack	<b>Cases per Pallet:</b>	84	<b>Pallet Height:</b>	1.84m
<b>Packs in a Case:</b>	N/A	<b>Barcode / EAN:</b>	05010066001823		

Traceability Code: Best Before DD, MMM,YY, Day of Year, Time (24hr) eg 03 MAR 09 L8086 FN 19:28

## Information Issued By

<b>Name:</b>	Cynthia Ntumba	<b>Position:</b>	Specification Technologist
<b>Date Issued:</b>	13/01/2023	<b>Issue No:</b>	007

**Kara**  
FOODSERVICE BAKERS

## Kara Customer Care

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