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 Thomas Ridley QC Dept.  
 3:50 pm, 4 Sep 2024

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18853 | COOK ASIA | 400ml

## Cook Asia Rich & Creamy Coconut Milk

Pressed from Fresh and Ripe Coconuts. Can be used for making cakes, candies, cookies, ice cream, coconut jam, curries and other preparations.

Document Published: 11 Jul 2024, 10:08:26 AM

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### Description

Legal Product Name	Coconut Milk
Unique Marketing Statement	Pressed from Fresh and Ripe Coconuts. Can be used for making cakes, candies, cookies, ice cream, coconut jam, curries and other preparations.
Brand Name	Cook Asia
Country of Origin	Sri Lanka

### Ingredients

Ingredients	Coconut Extract (70%), Water, Stabilisers: Guar Gum, Carboxymethyl Cellulose; Emulsifier: Polysorbate 60.
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

### Nutrition

Servings per Consumer Unit (Inner)	4
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Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	765 kJ
Energy (Kilocalories)	186 kcal
Fat, Total	18 g
Saturated	17.03 g
Carbohydrate	3.23 g
Sugars	0 g
Dietary Fibre, Total	1.30 g
Protein, Total	2 g
Salt	0.38 g
Sodium	15.253 mg

### Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat	Does NOT Contain
Rye	Does NOT Contain
Barley	Does NOT Contain
Oats	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds	Does NOT Contain
Hazelnuts	Does NOT Contain
Walnuts	Does NOT Contain
Cashews	Does NOT Contain
Pecan nuts	Does NOT Contain
Brazil nuts	Does NOT Contain
Pistachio nuts	Does NOT Contain
Macadamia or Queensland nuts	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

## Dietary Information

Halal Certified	Yes
Kosher Certified	Yes
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	Fairtrade, Sedex Members Ethical Trade Audit (SMETA)
Does any other assurance scheme apply to this product?	No assurance scheme

## Preparation Suggestions

Is the product ready to eat?	Yes
Reconstitution Instructions	Store at room temperature and shake well before use. Once opened, store contents in an appropriate container, keep refrigerated and use within 2 days. This product may naturally solidify when cold. Warming will return it to a liquid state.

## Packaging

Do you have any packaging environmental claims?

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