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00509 | COOK ASIA | 1-3kg

Cook Asia Egg Noodle Nests

N/A

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Description

Legal Product Name	Wheat Egg Noodles
Unique Marketing Statement	N/A
Brand Name	Cook Asia
Country of Origin	United Kingdom

Ingredients

Ingredients	WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Pasteurised Free Range EGG (5%), Salt, Colour: Beta Carotene, Firming Agents: Potassium Carbonate, Sodium Carbonate, Acidity Regulator: Citric Acid.
Is the product made from at least 65% British ingredients?	Yes
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	48
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	1516.9 kJ
Energy (Kilocalories)	358 kcal
Fat, Total	1.6 g
Saturated	0.4 g
Carbohydrate	70.1 g
Sugars	1.4 g
Dietary Fibre, Total	5.2 g
Protein, Total	13.2 g
Salt	1.56 g
Sodium	640 mg

Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat (as an ingredient)	Contains

Rye (as an ingredient)	Does NOT Contain
Barley (as an ingredient)	Does NOT Contain
Oats (as an ingredient)	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Contains
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds (as an ingredient)	Does NOT Contain
Hazelnuts (as an ingredient)	Does NOT Contain
Walnuts (as an ingredient)	Does NOT Contain
Cashews (as an ingredient)	Does NOT Contain
Pecan nuts (as an ingredient)	Does NOT Contain
Brazil nuts (as an ingredient)	Does NOT Contain
Pistachio nuts (as an ingredient)	Does NOT Contain
Macadamia or Queensland nuts (as an ingredient)	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	No
Suitable for Vegetarian	Yes

Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	Free Range

Preparation Suggestions

Is the product ready to eat?	No
Reconstitution Instructions	Boil: 1. Place the noodles in boiling water. 2. Remove from heat and leave them to soak for 6 minutes. 3. Stir frequently to separate noodles. 4. Drain and refresh by running under cold water.

Packaging

Do you have any packaging environmental claims?	Corrugate Box - Widely recycled.
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