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10324 | COOK ASIA | 1kg

Cook Asia Extra Large Poppadums

Ready to Cook Savoury Poppadums.

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Disclaimer: As we do not manufacture we warrant only that we will transmit accurately product data (ingredient and allergen) as are received by us from the manufacturer/supplier of such product. By accepting product and image information you agree to obtain our written permission before you transmit such product data or images outside your business. You agree to check for updates and refer to the packaging at all times because product data change regularly. You must not alter the product data or images. If despite this you choose to do so we will not be responsible.



Description

Legal Product Name	Ready to Cook Savoury Poppadums
Unique Marketing Statement	Ready to Cook Savoury Poppadums.
Brand Name	Cook Asia
Country of Origin	India

Ingredients

Ingredients	Black Gram Flour, Water, Salt, Rice Flour, Coconut Oil, Raising Agent: Calcium Oxide.
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	1000
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Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	1426 kJ
Energy (Kilocalories)	337 kcal
Fat, Total	1.48 g
Saturated	0.8 g
Carbohydrate	55.37 g
Sugars	0.84 g
Dietary Fibre, Total	8.87 g
Protein, Total	21.01 g
Salt	3.88 g
Sodium	1550 mg

Allergens

Cereals containing Gluten (and products thereof)	May Contain
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Wheat	May Contain
Rye	Does NOT Contain
Barley	Does NOT Contain
Oats	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	May Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds	Does NOT Contain
Hazelnuts	Does NOT Contain
Walnuts	Does NOT Contain
Cashews	Does NOT Contain
Pecan nuts	Does NOT Contain
Brazil nuts	Does NOT Contain
Pistachio nuts	Does NOT Contain
Macadamia or Queensland nuts	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes

Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	Sedex Members Ethical Trade Audit (SMETA)
Can any other sustainability claims be made for this product?	Nil
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Is the product ready to eat?	No
Fry	Deep fry in hot oil (190- 200C), deep-fry one to five at a time, holding the mini Poppadums under the oil with a perforated ladle. Fry for 6-8 seconds until crisp and golden brown, remove from oil and drain on paper kitchen towel. The Poppadum's should be served immediately.

Packaging

Do you have any packaging environmental claims?

100% recyclable
