



30116 | COOK ASIA | 50X20g

## Cook Asia Mini Vegetable Samosas

Authentically hand made mini vegetable samosas with potato, peas, carrot, sweetcorn and a blend of spices.

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**Disclaimer:** As we do not manufacture we warrant only that we will transmit accurately product data (ingredient and allergen) as are received by us from the manufacturer/supplier of such product. By accepting product and image information you agree to obtain our written permission before you transmit such product data or images outside your business. You agree to check for updates and refer to the packaging at all times because product data change regularly. You must not alter the product data or images. If despite this you choose to do so we will not be responsible.



### Description

Legal Product Name	Mini Vegetable Samosas
Unique Marketing Statement	Authentically hand made mini vegetable samosas with potato, peas, carrot, sweetcorn and a blend of spices.
Brand Name	Cook Asia
Country of Origin	India

### Ingredients

Ingredients	WHEAT Flour, Potato (30%), Green Peas (6%), Carrot (6%), Sweet Corn (5%), Water, French beans, Onion, Cotton Seed Oil, Sugar, Salt, Garlic, Coriander Leaves, Lemon Juice, Refined SOYBEAN Oil, Coriander Seed Powder, Chili Flakes, Red Chilli Powder, Ginger, Cinnamon Powder, Garam Masala (Green Cardamom, Cumin Seed, Clove, Black Cardamom, Coriander Seed, Cinnamon Stick, Mace, Bay Leaves), Cumin Seed Powder, Fennel seeds, Cumin seed, Clove Powder
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

### Nutrition

Servings per Consumer Unit (Inner)	50
Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	557 kJ
Energy (Kilocalories)	132 kcal
Fat, Total	1.7 g
Saturated	0.75 g
Carbohydrate	23.2 g
Sugars	8.49 g
Dietary Fibre, Total	3.84 g
Protein, Total	4.10 g
Salt	0.97 g
Sodium	387.60 mg

### Allergens

Cereals containing Gluten (and products thereof)	Contains
Wheat	Contains
Rye	Does NOT Contain
Barley	Does NOT Contain
Oats	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Contains
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds	Does NOT Contain
Hazelnuts	Does NOT Contain
Walnuts	Does NOT Contain
Cashews	Does NOT Contain
Pecan nuts	Does NOT Contain
Brazil nuts	Does NOT Contain
Pistachio nuts	Does NOT Contain
Macadamia or Queensland nuts	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

## Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes
Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Does any other assurance scheme apply to this product?	No assurance scheme

## Preparation Suggestions

Is the product ready to eat?	No
Fry	Cook from frozen. Remove all packaging. Pre-heat oil to 175°C. Fry for 5-6 mins until golden brown. Drain well. Check Food is piping hot. Do not reheat once cooled. All Cooking appliances vary. This is guide only.

## Packaging

Do you have any packaging environmental claims?

no

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