

is product information, ingredients, nutritional guides and dietary or allergy dvice may change from time to time, we recommend that you always carefully sed the product label prior to using or consuming any such products. You hould not solely rely upon the information we provide and make your own sessement as to the suitability or otherwise of any given product.

Supplier:	Blue Mountain Foods Ltd				
Function (Agent, M	(Agent, Manufacturer etc.): Manufacturer				
Address:	Shaw House, Shaw Road, Bushbury, Wolverhampton, WV10 9LA				
Telephone:	01902 424133				

Product Name Fried Hake Fish & White Rice

Legal Name Fried Hake fish fillets in onion sauce with boiled rice.

Product Description Caribbean Meal: Fried Hake fish fillets in onion sauce with

boiled rice.



Raw Materials/Ingredients

Raw Material	Country of Origin	Grade	Size/Weight	Composition %
White Rice	USA		150g	42
Hake Fish Fillets			100g	28
Water	UK		40g	10
Onions	UK		20g	5
Sweet peppers Red, Yellow, Green			15g	4
Wheat Flour	UK		10g	3
Herbs and spices (Paprika, mustard flour, garlic, celery, cumin seed, chillies.			10g	3
Rapeseed Oil			10g	3
Black Pepper			2g	1
Salt	UK		2g	1
			Total	100

Ingredients declaration (to comply with QUID regulations):

rice (42%), hake (28%) **Fish**, water; onions; sweet peppers **wheat** flour ((calcium, iron, niacin, thiamin); herbs & spices (paprika, **mustard** flour, garlic,**celery**, cumin seeds, chilli); rapeseed oil; black pepper; salt;



Nutritional Values (typical per 100 grams)

Nutrients	Value /100g	Value/ per portion
Energy Kcal	150	540
Energy Kjl	630	3340.8
Protein (g)	7.6	27.36
Total Fat (g)	4.5	16.2
Of which Saturated (g)	0.4	1.44
Mono-unsaturated (g)	2.2	7.92
Poly-unsaturated (g)	1.4	5.04
Trans Fatty Acids (g)	0.0	0.0
Carbohydrate (g)	19.7	70.92
Of which Sugars (g)	0.7	2.52
Fibre(g)	1.3	4.68
Iron (mg)	1.3	4.68
Vitamin C (mg)	7	25.2
Vitamin D (µg)	0	0
Total Folate (µg)	4	14.4
Potassium (mg)	178	640.8
Sodium (mg)	300	1080
Calcium (mg)	35	126
Phosphorous (mg)	86	309.6

Analytical Data (as applicable)

Test	Target	Tolerances / range	Frequency of testing



	Yes/No	Comm	ents
	X=Yes	0011111	onto
		Wheat	Flour
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Derivatives		Wheat	Flour
		Fish	
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Free From Celery		Celery (in herbs and spices)
Free From Mustard		Mustard (in herbs and spices)
Free From Sesame Seeds and Derivatives		
Free From Sulphur Dioxide and Sulphites at Levels Above 10mg/Kg as SO ₂		
Free From Hydrogenated Oils		
Free From Onion		Onions
Free From Garlic		Garlic (in herbs and spices)
Free From Tomato		
Free From Mushroom		
Free From Carrot		
Free From Maize		
Free From Lupin and Lupin Derivatives		
Free From Antibiotics/Hormones		
Free From GMO Protein/DNA		
Free From GMO Derivatives		
Suitable for Vegetarians		Fish
Suitable for Vegans		Fish
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GM Ingredients listing:		



Additives	Yes/No X=Yes	Comments
Free From Colourings	\boxtimes	
Free From Flavourings*	\boxtimes	
Free From Preservative	\boxtimes	
Free From Antioxidant		
Free From Others	\boxtimes	

GM Ingredients listing:	N/A	

Processing Aids

Item Name	E Number	Function	Addition Rate (g/100g)
Sodium ferrocyanide	E535	Anti-caking agent in salt – non-declarable processing aid	Maximum 20ppm in salt
Calcium sulphate	E516	carrier for fortificants in wheat flour – non- declarable processing aid	Statutory level
Calcium carbonate	E170	Fortification of wheat flour	Statutory level

^{*} If present, please confirm the flavouring status; **N** (natural), **NI** (nature identical), **A** (artificial)



Additional Information for Fish and Meat Products Only

Legal Definition (eg reformed/natural/shaped)	Natural
Added Water (%)	N/A
Antibiotic Growth Hormones used	None
Chemical lean	
Minimum meat Content	25%
Minimum Raw Meat Equivalent (%)	

Microbiological Standards

	Typical Value	Reject Value	Unit of Measure	Method
TVC	1000	> 1 x 10(5)	cfu/g	Ukas Accredited Lab
Bacillus cereus	< 50	> 100	cfu/g	Ukas Accredited Lab
Clostridium perfringens	< 10	> 100	cfu/g	Ukas Accredited Lab
Staphylococcus aureus	< 50	> 100	cfu/g	Ukas Accredited Lab
Salmonella spp	Absent	Present	cfu/25g	Ukas Accredited Lab
Clostridium botulinum				
Listeria monocytogenes	Absent	Present	cfu/25g	Ukas Accredited Lab
Coliforms	10	> 100	cfu/g	Ukas Accredited Lab
Escherichia coli O157	Absent	>10	cfu/g	Ukas Accredited Lab
Shigella				



Quality and Safety Standards

Ingredient Name:	Fried Hake Fish & White Rice			
Product Group:	Ready meals			
'State' e.g. liquid, solid, powder, paste, IQF, chilled	Frozen			
Maximum Life	12 months Storage Temperature (°C) -18°c or colder			
pH (Minimum and Maximum)		Acidity		
aW (Maximum)		% Salt		
% Moisture (Maximum)		Other (Please Specify)		
Washing Process (Detail Chemical contact / dwell time)	used, concentration and	Water Potable	/ater Potable	
		Rice to be cooked >90°C for 10 minutes and until done		
Heat Process (Detail core time and temperature minimum)		Final temperature to be act temperature recorded is also		
Filling Conditions (e.g. cold filled, hot filled, cooked in pack, VP/MAP)		Hot Filled plastic Trays		
Maximum time taken to cool to final storage temperature (°C)		180 minutes to -18°c		
Microbiological Positive Release (organism & frequency		Not positive released		
'Other' e.g. alcohol content (%)/residual nitrite/ propylene glycol		N/A		
Process procedures		Rice: Intake of rice weighing, washing of rice, cooking rice add to depositor.		
		Sauce: intake, weighing, sieve, mix spices into water, boil and add to depositor		
		Fish -Intake, defrosting, ma	arinate, cook in brat pan,	



	transfer to trays to be packed in trays. Final process: weigh and add fish portions into tray, add rice and sauce from depositor, seal film, metal detect, blast freeze, store in freezer.
Physical:	Fish in consistent sauce with white rice
Biological:	See Above
Chemical e.g. curing	N/A

Details of other relevant control points (as applicable):			
Metal Detection	Sensitivity	Frequency of testing	
Ferrous	3.00mm (Chrome)	Per Batch	
Non Ferrous	3.50mm (Brass)	Per Batch	
Stainless Steel	5.00mm (Stainless)	Per Batch	

Batch Coding

Batch Coding Details

Product coded with date code for traceability: Example: 2303232 (date/month/year/shift)

Produced on 23 March 2023, afternoon shift. 1 for morning shift, 2 for afternoon

Storage and Handling

Ingredient Name:	Fried Hake Fish & White Rice		
Product Group:	Ready meals		
'State' e.g. liquid, solid, powder, paste, IQF, chilled	Frozen		
Maximum Life	12 months	Storage Temperature (°C)	-18°c or colder



BLUE MOUNTAIN FOOD LTD

RAW MATERIAL SPECIFICATION

pH (Minimum and Maximum)	9 months	Acidity	
aW (Maximum)		% Salt	
% Moisture (Maximum)		Other (Please Specify)	
Washing Process (Detail Chemical used, concentration and contact / dwell time)		Water Potable	

Delivery temperature	-18 °C or colder		
Are mixed batch pallets allowed?	Yes		
Storage Conditions on Delivery	-18 °C or colder		
Maximum Temperature	-18°C	Minimum Temperature	-20°C
Optimum Temperature	-18°C		
Storage Requirements (e. from light)	xample - keep away	Frozen -18°C	
Is adherence to stated storequired for SAFETY, QU		Both	
Maximum Life from Manufacture	12 months	Maximum Life on Delivery	< 12 months
Minimum Life from Manufacture	12 months	Minimum Life on Delivery	9 months
Storage Condition After Opening	N/A – cook from frozen	Maximum Life After Opening	N/A
Minimum Life After Opening	N/A		
Once Defrosted, Life and Storage Conditions	N/A – cook from frozen with film on in pre-heated oven to 190°C, gas mark 5, until piping hot, usually 30 – 40 minutes Oven cook only		



Organoleptic & sensory characteristics

	Accept	Reject
Appearance	Single Hake fish fillet. In onion sauce with soft rice and Green Beans	Under / cooked fish / Rice. Missing ingredients/components. Incorrect coding, damaged packaging
Colour	Light brown fish. Red to brown onion sauce. Rice and green beans	Black or dark brown fish / burnt rice or green beans
Flavour	Slightly flavored and peppered fish	No flavor. Too peppery.
Texture	Crisp outer with soft, moist fish. Smooth sauce with soft cooked rice	Under / over cooked fish Rice / Green beans
Aroma	Medium spices fish and sauce	Off flavor or taints

Piece Weight	Minimum	Maximum	Average
Fish sauce	117g	124g	120.5g
Fish	83g	86g	84.5g
White Rice	160g	170g	165g
Pack Weight	Minimum	Maximum	Average
360g	360g	380g	370g

Defects	Definition	Tolerance
Foreign Material	Any material other than the natural ingredient e.g. metal, wood, plastic	Nil
Damaged packs	Punctured, torn, open seals	Nil
Poor coding	Absence or poor legibility of product name, best before date	Nil



Bones	Presence of any bones	Nil
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Packaging and Palletisation

Primary Packaging				
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Description 2cpet plastic trays				
Material	Plain			
Recyclability	yes			
	Length 200.0mm, width			
Dimensions (L/W/H)	155.0mm, Depth/height			
	35.0mm			
Suitable for direct food contact				
Suitable for direct food contact				

Primary Packaging				
Description	Unit label			
Material	S/Gloss Paper Perm Adhesive	Weight	0.60g	
Colour	1 Sort, 4 Separate Colours, Yellow, Red Green, Black	Recyclability	yes	
Dimensions (L/W/H)	102mm X 102mm white back ground label printed red and blue on semi glossed perm.	Thickness	3 mil	
Net Volume/Quantity	Net Volume/Quantity			
Quality Requirements:	Freezer adhesive, label information clearly printed meeting legal requirement for font size/text heigh			
	Primary Packaging			
Unit label				
S/Gloss Paper Perm Adhesive	Weight	0.60g		
1 Sort, 4 Separate Colours, Yellow, Red Green, Black	Recyclability	yes		



102mm X 102mm white back ground label printed red and blue on semi glossed perm.	Thickness	3 mil

Tertiary Packaging				
Description	pallet wrap			
Material	Polyethylene	Weight	67g on one pallet	
Colour	clear	Recyclability	30% recyclability	
Dimensions (L/W/H)	400 x250	Thickness	12 mu	
Net Volume/Quantity				
Quality Requirements	sufficient to stabilise pallet			
Pallet Data				
Type:	Chep wooden pallets	Material:	wood	
Dimensions (Max height as a minimum):	Maximum height: 1.65m	Number of Packs:	80 cases	
Units per Layer:	10 cases	Layers Per Pallet	8	
Net Weight/ Volume:	Net: 350kg Gross maximum weight 1000kg (not including the pallet)	Quality Requirements:	pallet wrapped	
Pack Labelling		Product Coding / Label (attach/photograph)		
All labels are printed on templates which contain the health mark and address of the company				
Each meal is labelled with: product name, weight, storage advice, name & address of manufacturer, production code, best before date, product code, nutrition information, oven cooking guidelines, ingredients declaration, factory approval code.				



Case/Secondary Packaging Labelling	Label (attach/photograph)
Each case is labelled with: product name, weight per meal, quantity, storage advice, name & address of manufacturer, best before date, product code, factory approval code.	

Reasons for Rejection

- 1. Microbiological standards have not been achieved
- 2. Contamination by foreign body
- 3. Poor physical and/or organoleptic standards
- 4. Temperature outside of acceptable tolerance
- 5. Lack of outer case labelling
- 6. Incorrect product coding
- 7. Damaged and/or soiled packaging (including broken pallets)
- 8. Poor state of delivery vehicle
- 9. If less than the minimum shelf life is remaining
- Delivery without a certificate of analysis unless it has previously been agreed in writing
- 11. Non-conformance to approved specification



Health and Safety

Health and Salety					
	Yes/No X=Yes	Comments			
Health & safety data sheet attached					
Reason for creation of new specification version:	First version				

Blue Mountain Foods 16/01/2024