

Supplier:	Blue Mountain Foods Ltd			
Function (Agent, M	anufacturer etc.): Manufacturer			
Address:	Shaw House, Shaw Road, Bushbury, Wolverhampton, WV10 9LA			
Telephone:	01902 424133	Health Mark/EC License:	UK WN 057	

Product Name Callaloo Saltfish & White Rice

Legal Name Callaloo with salted fish in an onion sauce with boiled rice.

Product Description Caribbean Meal: Callaloo with salted fish in an onion sauce

with boiled rice.



Raw Materials/Ingredients

Raw Material	Country of Origin	Grade	Size/Weight	Composition %
White Rice	USA	Polished	150g	41
Dried Salted Pollock	China	А	100g	28
Water	UK		40g	11.1
Callaloo	Jamaica		25g	6.9
Onions	UK		20g	5.5
Tomato	Italy		15g	4.1
Rapeseed Oil	UK		5g	1.4
Herbs and spices (Paprika, mustard flour, garlic, celery, cumin seed, chillies.			5g	1.4
Black Pepper			2g	0.6
			Total	100

Ingredients declaration (to comply with QUID regulations):

rice (41%), Saltfish (28%), (Pollock (**fish**), salt), water; callaloo (7%), onions; tomato, rapeseed oil, herbs & spices in variable portions (paprika, garlic, cumin, chilli, **mustard** flour, **celery**); black pepper.

Nutritional Values (typical per 100 grams)



Nutrients	Value /100g	Value/ per portion
Energy Kcal	148	532.8
Energy Kjl	621	2235.6
Protein (g)	6.7	24.12
Total Fat (g)	4.8	17.28
Of which Saturated (g)	1.2	4.32
Mono-unsaturated (g)	1.4	5.04
Poly-unsaturated (g)	1.4	5.04
Trans Fatty Acids (g)	0.0	0.0
Carbohydrate (g)	18.7	67.32
Of which Sugars (g)	0.5	1.8
Fibre(g)	1.4	5.04
Iron (mg)	1.3	4.68
Vitamin C (mg)	3	10.8
Vitamin D (µg)	0	0
Total Folate (µg)	2	7.2
Potassium (mg)	128	460.8
Sodium (mg)	249	896.4
Calcium (mg)	31	111.6
Phosphorous (mg)	64	38.4



Analytical Data (as applicable)

Test	Target T	olerances / ra	ange	Frequency of testing
Intolerance Data		Yes/No	Comm	l ents
		X=Yes		
Free From Gluten			Wheat	Flour
Free From Animal Based Pro	ducts		Fish	
Free From Milk and Milk Deriv	vatives			
Free From Egg and Egg Deriv	vatives			
Free From Soya Flour				
Free From Soya Derivatives				
Free From HVP				
Free From MSG				
Free From Nut and Nut deriva	atives			
Free From Coconut and Coco	onut Derivatives			
Free From Beef and Beef Der	rivatives			



Free From Yeast and Yeast Extracts	
Free From Wheat and Wheat Derivatives	Wheat Flour
Free From Fish	Pollock
Free From Crustaceans	
Free From Molluscs	
Free From Celery	Celery (in herbs and spices)
Free From Mustard	Mustard (in herbs and spices)
Free From Sesame Seeds and Derivatives	
Free From Sulphur Dioxide and Sulphites at Levels Above 10mg/Kg as SO ₂	
Free From Hydrogenated Oils	
Free From Onion	Onions
Free From Garlic	Garlic (in herbs and spices)
Free From Tomato	Tomato
Free From Mushroom	
Free From Carrot	
Free From Maize	
Free From Lupin and Lupin Derivatives	
Free From Antibiotics/Hormones	
Free From GMO Protein/DNA	



Free From GMO Derivatives		
Suitable for Vegetarians		Fish
Suitable for Vegans		Fish
GM Ingredients listing :		
Additives	Yes/No X=Yes	Comments
Free From Colourings		
Free From Flavourings*	\boxtimes	
Free From Preservative	\boxtimes	
Free From Antioxidant	\boxtimes	
Free From Others	\boxtimes	
* If present, please confirm the flavouring status; N (n	atural), NI (ı	nature identical), A (artificial)
GM Ingredients listing: N/A		



Processing Aids

Item Name	E Number	Function	Addition Rate (g/100g)
Sodium ferrocyanide	E535	Anti-caking agent in salt – non-declarable processing aid	Maximum 20ppm in salt

Additional Information for Fish and Meat Products Only

Legal Definition (eg reformed/natural/shaped)	Natural
Added Water (%)	N/A
Antibiotic Growth Hormones used	None
Chemical lean	
Minimum meat Content	25%
Minimum Raw Meat Equivalent (%)	

Microbiological Standards

	Typical Value	Reject Value	Unit of Measure	Method
TVC	1000	> 1 x 10(5)	cfu/g	Ukas Accredited Lab
Bacillus cereus	< 50	> 100	cfu/g	Ukas Accredited Lab
Clostridium perfringens	< 10	> 100	cfu/g	Ukas Accredited Lab
Staphylococcus aureus	< 50	> 100	cfu/g	Ukas Accredited Lab
Salmonella spp	Absent	Present	cfu/25g	Ukas Accredited Lab
Clostridium botulinum				
Listeria monocytogenes	Absent	Present	cfu/25g	Ukas Accredited Lab
Coliforms	10	> 100	cfu/g	Ukas Accredited Lab
Escherichia coli O157	Absent	>10	cfu/g	Ukas Accredited Lab
Shigella				



Quality and Safety Standards

Ingredient Name:	Callaloo Saltfish & White Rice			
Product Group:	Ready meals			
	Ready means			
'State' e.g. liquid, solid, powder, paste, IQF, chilled	Frozen			
Maximum Life	12 months Storage Temperature (°C) -18°C or colder		-18°c or colder	
pH (Minimum and Maximum)		Acidity		
aW (Maximum)		% Salt		
% Moisture (Maximum)		Other (Please Specify)		
Washing Process (Detail Chemical contact / dwell time)	used, concentration and	Water Potable		
		Rice to be cooked >90°C for 10 minutes and until done		
Heat Process (Detail core time and temperature minimum)		Final temperature to be achieved Final core temperature recorded is always above 90°C		
Filling Conditions (e.g. cold filled, hot filled, cooked in pack, VP/MAP)		Hot Filled plastic Trays		
Maximum time taken to cool to final storage temperature (°C)		180 minutes to -18°c		
Microbiological Positive Release (o	Microbiological Positive Release (organism & frequency Not p			
'Other' e.g. alcohol content (%)/res glycol	idual nitrite/ propylene	N/A		
		Rice: Intake of rice weighin rice add to depositor.	g, washing of rice, cooking	
Process procedures		Sauce: intake, weighing, sieve, mix spices into water, boil and add to depositor		
		Fish -Intake, defrosting, marinate, cook in brat pan, transfer to trays to be packed in trays.		
		Final process: weigh and add fish portions into tray, add rice and sauce from depositor, seal film, metal detect, blast freeze, store in freezer.		



Physical:	Fish in consistent sauce with white rice
Biological:	See Above
Chemical e.g. curing	N/A

Details of other relevant control points (as applicable):

Metal Detection	Sensitivity	Frequency of testing
Ferrous	3.00mm (Chrome)	Per Batch
Non Ferrous	3.50mm (Brass)	Per Batch
Stainless Steel	5.00mm (Stainless)	Per Batch

Batch Coding

Batch Coding Details

Product coded with date code for traceability: Example: 2303232 (date/month/year/shift)

Produced on 23 March 2023, afternoon shift. 1 for morning shift, 2 for afternoon

Storage and Handling

Ingredient Name:	Callaloo Saltfish & White Rice		
Product Group:	Ready meals		
'State' e.g. liquid, solid, powder, paste, IQF, chilled	Frozen		
Maximum Life	12 months	Storage Temperature (°C)	-18°c or colder
pH (Minimum and Maximum)	9 months	Acidity	
aW (Maximum)		% Salt	



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RAW MATERIAL SPECIFICATION

% Moisture (Maximum)		Other (Please Specify)	
Washing Process (Detail Chemical contact / dwell time)	used, concentration and	Water Potable	

Delivery temperature	-18 °C or colder		
Are mixed batch pallets allowed?	Yes		
Storage Conditions on Delivery	-18 °C or colder		
Maximum Temperature	-18°C	Minimum Temperature	-20°C
Optimum Temperature	-18°C		
Storage Requirements (e from light)	example - keep away	Frozen -18°C	
Is adherence to stated st required for SAFETY, QU		Both	
Maximum Life from Manufacture	12 months	Maximum Life on Delivery	< 12 months
Minimum Life from Manufacture	12 months	Minimum Life on Delivery	9 months
Storage Condition After Opening	N/A – cook from frozen	Maximum Life After Opening	N/A
Minimum Life After Opening	N/A		
Once Defrosted, Life and Storage Conditions	N/A – cook from frozen with film on in pre- heated oven to 190°C, gas mark 5, until piping hot, usually 30 – 40 minutes Oven cook only		



Organoleptic & sensory characteristics

	Accept	Reject
Appearance	Green Callaloo with soft boneless fish in oily onion sauce with visible sliced onions and tomato, Served with white rice.	Under / overcooked callaloo /fish/rice
Colour	Green Callaloo, off white salted fish and white rice	Dark Callaloo, Dark fish or burnt rice
Flavour	Salted fish, spicy flavoured onion sauce and plain rice	Over slated fish, over flavoured sauce/ rice
Texture	Soft callaloo, soft rice, firm, oily fish with a smooth sauce with visible onions	Under / over cooked rice / fish and inconsistent sauce
Aroma	Medium onion flavour	Off flavor or taints

Piece Weight	Minimum	Maximum	Average
Fish sauce	117g	124g	120.5g
Fish	83g	86g	84.5g
White Rice	160g	170g	165g
Pack Weight	Minimum	Maximum	Average
360g	360g	380g	370g



Defects	Definition	Tolerance
Foreign Material	Any material other than the natural ingredient e.g. metal, wood, plastic	Nil
Damaged packs	Punctured, torn, open seals	Nil
Poor coding	Absence or poor legibility of product name, best before date	Nil
Bones	Presence of any bones	Nil

Packaging and Palletisation

Primary Packaging		
Description 2cpet plastic trays		
20000-0000		
Material	Plain	
Recyclability	yes	
	Longth 200 0mm width	
Dimensions (L/W/H)	Length 200.0mm, width 155.0mm, Depth/height 35.0mm	
Suitable for direct food contact		

Primary Packaging			
Description	Unit label		
Material	S/Gloss Paper Perm Adhesive	Weight	0.60g
Colour	1 Sort, 4 Separate Colours, Yellow, Red Green, Black	Recyclability	yes
Dimensions (L/W/H)	102mm X 102mm white back ground label printed red and blue on semi glossed perm.	Thickness	3 mil
Net Volume/Quantity			
Quality Requirements:	Freezer adhesive, label informa	ation clearly printed meeting lega	I requirement for font size/text height



Primary Packaging		
Unit label		
S/Gloss Paper Perm Adhesive	Weight	0.60g
1 Sort, 4 Separate Colours, Yellow, Red Green, Black	Recyclability	yes
102mm X 102mm white back ground label printed red and blue on semi glossed perm.	Thickness	3 mil

Tertiary Packaging				
Description	pallet wrap			
Material	Polyethylene	Weight	67g on one pallet	
Colour	clear	Recyclability	30% recyclability	
Dimensions (L/W/H)	400 x250	Thickness	12 mu	
Net Volume/Quantity				
Quality Requirements	sufficient to stabilise pallet			
	Pallet Data			
Туре:	Chep wooden pallets	Material:	wood	
Dimensions (Max height as a minimum):	Maximum height: 1.65m	Number of Packs:	80 cases	
Units per Layer:	10 cases	Layers Per Pallet	8	
Net Weight/ Volume:	Net: 350kg Gross maximum weight 1000kg (not including the pallet)	Quality Requirements:	pallet wrapped	



Pack Labelling	Product Coding / Label (attach/photograph)
All labels are printed on templates which contain the health mark and address of the company	
Each meal is labelled with: product name, weight, storage advice, name & address of manufacturer, production code, best before date, product code, nutrition information, oven cooking guidelines, ingredients declaration, factory approval code.	

Case/Secondary Packaging Labelling	Label (attach/photograph)
Each case is labelled with: product name, weight per meal, quantity, storage advice, name & address of manufacturer, best before date, product code, factory approval code.	



Reasons for Rejection

- 1. Microbiological standards have not been achieved
- 2. Contamination by foreign body
- 3. Poor physical and/or organoleptic standards
- 4. Temperature outside of acceptable tolerance
- 5. Lack of outer case labelling
- 6. Incorrect product coding
- 7. Damaged and/or soiled packaging (including broken pallets)
- 8. Poor state of delivery vehicle
- 9. If less than the minimum shelf life is remaining
- 10. Delivery without a certificate of analysis unless it has previously been agreed in writing
- 11. Non-conformance to approved specification



Health and Safety

	Yes/No X=Yes	Comments
Health & safety data sheet attached		
Reason for creation of new specification version:	First version	

Blue Mountain Foods 16/01/2024