

Supplier:	Blue Mountain Foods Ltd					
Function (Agent, M	Manufacturer etc.): Manufacturer					
Address:	Shaw House, Shaw Road, Bushbury, Wolverhampton, WV10 9LA					
Telephone:	01902 424133	01902 424133				

Product Name Escovitch Fish & White Rice

Legal Name Seasoned Fish with boiled white Rice and Green Beans

Product Description Caribbean Meal: Seasoned Fish with boiled white Rice and

Green Beans



Raw Materials/Ingredients

Raw Material	Country of Origin	Grade	Size/Weight	Composition %
Easy Cook Rice	USA		137g	34
Hake			100g	25
Green beans	UK		45g	11
Wheat Flour	UK		40g	10
Water	UK		36g	9
Onions	UK		12g	3
Herbs and spices (Paprika, mustard flour, garlic, celery, cumin seed, chillies.			12g	3
Rapeseed Oil	UK		10g	2
Sweet Peppers Red/Yellow/Green	UK		6 g	2
Salt	UK		2g	1
			Total	100

Ingredients declaration (to comply with QUID regulations):

rice (34%), hake (25%), greenbeans(11%); **wheat** flour ((calcium, iron, niacin, thiamin); water, onions, herbs & spices spices (paprika, **mustard** flour, garlic,**celery**, cumin, chilli); rapeseed oil, sweet peppers; salt



Nutritional Values (typical per 100 grams)

Nutrients	Value /100g	Value/ per portion
Energy Kcal	220	792
Energy Kjl	928	3340.8
Protein (g)	9.1	32.76
Total Fat (g)	4.7	16.92
Of which Saturated (g)	0.7	2.52
Mono-unsaturated (g)	2.0	7.2
Poly-unsaturated (g)	1.5	5.4
Trans Fatty Acids (g)	0.0	0.0
Carbohydrate (g)	35.3	127.0
Of which Sugars (g)	0.7	2.52
Fibre(g)	1.7	6.12
Iron (mg)	1.4	5.04
Vitamin C (mg)	3	10.8
Vitamin D (µg)	0	0
Total Folate (µg)	17	61.2
Potassium (mg)	237	853.2
Sodium (mg)	227	817.2
Calcium (mg)	57	205.2
Phosphorous (mg)	141	507.6

Analytical Data (as applicable)

Test	Target	Tolerances / range	Frequency of testing



	ı			
Intolerance Data		Yes/No	Comm	ents
		X=Yes		
		X=163		
Free From Gluten			Wheat	Flour
Francisco Asimod Book de Book de	-1-		F:-1-	
Free From Animal Based Produc	TS		Fish	
Free From Milk and Milk Derivati	ves			
Free From Egg and Egg Derivati	ves			
Free Frem Cove Flour				
Free From Soya Flour				
Free From Soya Derivatives				
·				
Free From HVP				
Free From MSG				
The trem wee				
Free From Nut and Nut derivative	es			
	(Danis a tisaa			
Free From Coconut and Coconu	t Derivatives			
Free From Beef and Beef Deriva	tives			
Free From Yeast and Yeast Extr	acts			
Free From Wheat and Wheat De	rivatives		Wheat	Flour
Thos i form which and which De	iivalives		vviical	i ioui
Free From Fish			Fish	
Free From Crustaceans				
Free From Molluscs				



Free From Celery	Celery (in herbs and spices)
Free From Mustard	Mustard (in herbs and spices)
Free From Sesame Seeds and Derivatives	
Free From Sulphur Dioxide and Sulphites at Levels Above 10mg/Kg as SO ₂	
Free From Hydrogenated Oils	
Free From Onion	Onions
Free From Garlic	Garlic (in herbs and spices)
Free From Tomato	
Free From Mushroom	
Free From Carrot	
Free From Maize	
Free From Lupin and Lupin Derivatives	
Free From Antibiotics/Hormones	
Free From GMO Protein/DNA	
Free From GMO Derivatives	
Suitable for Vegetarians	Fish
Suitable for Vegans	Fish

GM Ingredients listing:		



Additives	Yes/No X=Yes	Comments
Free From Colourings	\boxtimes	
Free From Flavourings*	\boxtimes	
Free From Preservative	\boxtimes	
Free From Antioxidant		
Free From Others	\boxtimes	

GM Ingredients listing :	N/A	

Processing Aids

Item Name	E Number	Function	Addition Rate (g/100g)
Sodium ferrocyanide	E535	Anti-caking agent in salt – non-declarable processing aid	Maximum 20ppm in salt
Calcium sulphate	E516	carrier for fortificants in wheat flour – non- declarable processing aid	Statutory level
Calcium carbonate	E170	Fortification of wheat flour	Statutory level

^{*} If present, please confirm the flavouring status; **N** (natural), **NI** (nature identical), **A** (artificial)



Additional Information for Fish and Meat Products Only

Legal Definition (eg reformed/natural/shaped)	Natural
Added Water (%)	N/A
Antibiotic Growth Hormones used	None
Chemical lean	
Minimum meat Content	25%
Minimum Raw Meat Equivalent (%)	

Microbiological Standards

	Typical Value	Reject Value	Unit of Measure	Method
TVC	1000	> 1 x 10(5)	cfu/g	Ukas Accredited Lab
Bacillus cereus	< 50	> 100	cfu/g	Ukas Accredited Lab
Clostridium perfringens	< 10	> 100	cfu/g	Ukas Accredited Lab
Staphylococcus aureus	< 50	> 100	cfu/g	Ukas Accredited Lab
Salmonella spp	Absent	Present	cfu/25g	Ukas Accredited Lab
Clostridium botulinum				
Listeria monocytogenes	Absent	Present	cfu/25g	Ukas Accredited Lab
Coliforms	10	> 100	cfu/g	Ukas Accredited Lab
Escherichia coli O157	Absent	>10	cfu/g	Ukas Accredited Lab
Shigella				



Quality and Safety Standards

Ingredient Name:	Escovitch Fish & White Rice			
Product Group:	Ready meals			
'State' e.g. liquid, solid, powder, paste, IQF, chilled	Frozen			
Maximum Life	12 months Storage Temperature (°C) -18°c or colder			
pH (Minimum and Maximum)		Acidity		
aW (Maximum)		% Salt		
% Moisture (Maximum)		Other (Please Specify)		
Washing Process (Detail Chemical contact / dwell time)	used, concentration and	Water Potable		
		Rice to be cooked >90°C for 10 minutes and until done		
Heat Process (Detail core time and temperature minimum)		Final temperature to be act temperature recorded is also		
Filling Conditions (e.g. cold filled, hot filled, cooked in pack, VP/MAP)		Hot Filled plastic Trays		
Maximum time taken to cool to final storage temperature (°C) 180 minutes to -18°c				
Microbiological Positive Release (organism & frequency Not positive released				
'Other' e.g. alcohol content (%)/residual nitrite/ propylene glycol		N/A		
		Rice: Intake of rice weighing, washing of rice, cooking rice add to depositor.		
Process procedures		Sauce: intake, weighing, sieve, mix spices into water, boil and add to depositor		
		Fish -Intake, defrosting, ma	arinate, cook in brat pan,	



	transfer to trays to be packed in trays. Final process: weigh and add fish portions into tray, add rice and sauce from depositor, seal film, metal detect, blast freeze, store in freezer.
Physical:	Fish in consistent sauce with white rice
Biological:	See Above
Chemical e.g. curing	N/A

Details of other relevant control points (as applicable):			
Metal Detection	Sensitivity	Frequency of testing	
Ferrous	3.00mm (Chrome)	Per Batch	
Non Ferrous	3.50mm (Brass)	Per Batch	
Stainless Steel	5.00mm (Stainless)	Per Batch	

Batch Coding

Batch Coding Details

Product coded with date code for traceability: Example: 2303232 (date/month/year/shift)

Produced on 23 March 2023, afternoon shift. 1 for morning shift, 2 for afternoon

Storage and Handling

Ingredient Name:	Escovitch Fish & White Rice		
Product Group:	Ready meals		
'State' e.g. liquid, solid, powder, paste, IQF, chilled	Frozen		
Maximum Life	12 months	Storage Temperature (°C)	-18°c or colder



BLUE MOUNTAIN FOOD LTD

RAW MATERIAL SPECIFICATION

pH (Minimum and Maximum)	9 months	Acidity	
aW (Maximum)		% Salt	
% Moisture (Maximum)		Other (Please Specify)	
Washing Process (Detail Chemical used, concentration and contact / dwell time)		Water Potable	

Delivery temperature	-18 °C or colder		
Are mixed batch pallets allowed?	Yes		
Storage Conditions on Delivery	-18 °C or colder		
Maximum Temperature	-18°C	Minimum Temperature	-20°C
Optimum Temperature	-18°C		
Storage Requirements (e. from light)	xample - keep away	Frozen -18°C	
Is adherence to stated storequired for SAFETY, QU		Both	
Maximum Life from Manufacture	12 months	Maximum Life on Delivery	< 12 months
Minimum Life from Manufacture	12 months	Minimum Life on Delivery	9 months
Storage Condition After Opening	N/A – cook from frozen	Maximum Life After Opening	N/A
Minimum Life After Opening	N/A		
Once Defrosted, Life and Storage Conditions	N/A – cook from frozen with film on in pre-heated oven to 190°C, gas mark 5, until piping hot, usually 30 – 40 minutes Oven cook only		



Organoleptic & sensory characteristics

	Accept	Reject
Appearance	Single Hake fish fillet. In onion sauce with soft rice and Green Beans	Under / cooked fish / Rice. Missing ingredients/components. Incorrect coding, damaged packaging
Colour	Light brown fish. Red to brown onion sauce. Rice and green beans	Black or dark brown fish / burnt rice or green beans
Flavour	Slightly flavored and peppered fish	No flavor. Too peppery.
Texture	Crisp outer with soft, moist fish. Smooth sauce with soft cooked rice	Under / over cooked fish Rice / Green beans
Aroma	Medium spices fish and sauce	Off flavor or taints

Piece Weight	Minimum	Maximum	Average
Fish sauce	117g	124g	120.5g
Fish	83g	86g	84.5g
White Rice	160g	170g	165g
Pack Weight	Minimum	Maximum	Average
360g	360g	380g	370g

Defects	Definition	Tolerance
Foreign Material	Any material other than the natural ingredient e.g. metal, wood, plastic	Nil
Damaged packs	Punctured, torn, open seals	Nil



Poor coding	Absence or poor legibility of product name, best before date	Nil
Bones	Presence of any bones	Nil

Packaging and Palletisation

Primary Packaging			
Description 2cpet pla	Description 2cpet plastic trays		
Material	Plain		
Recyclability	yes		
Dimensions (L/W/H)	Length 200.0mm, width 155.0mm, Depth/height 35.0mm		
Suitable for direct food contact			

Primary Packaging			
Description	Unit label		
Material	S/Gloss Paper Perm Adhesive	Weight	0.60g
Colour	1 Sort, 4 Separate Colours, Yellow, Red Green, Black	Recyclability	yes
Dimensions (L/W/H)	102mm X 102mm white back ground label printed red and blue on semi glossed perm.	Thickness	3 mil
Net Volume/Quantity			
Quality Requirements:	Freezer adhesive, label information clearly printed meeting legal requirement for font size/text height		
Primary Packaging			
Unit label			
S/Gloss Paper Perm Adhesive	Weight 0.60g		



1 Sort, 4 Separate Colours, Yellow, Red Green, Black	Recyclability	yes
102mm X 102mm white back ground label printed red and blue on semi glossed perm.	Thickness	3 mil

Tastian, Balanian					
Tertiary Packaging					
Description	pallet wrap				
Material	Polyethylene	Weight	67g on one pallet		
Colour	clear	Recyclability	30% recyclability		
Dimensions (L/W/H)	400 x250	Thickness	12 mu		
Net Volume/Quantity					
Quality Requirements	sufficient to stabilise pallet				
Pallet Data					
Туре:	Chep wooden pallets	Material:	wood		
Dimensions (Max height as a minimum):	Maximum height: 1.65m	Number of Packs:	80 cases		
Units per Layer:	10 cases	Layers Per Pallet	8		
Net Weight/ Volume:	Net: 350kg Gross maximum weight 1000kg (not including the pallet)	Quality Requirements:	pallet wrapped		



BLUE MOUNTAIN FOOD LTD

RAW MATERIAL SPECIFICATION

Pack Labelling	Product Coding / Label (attach/photograph)
All labels are printed on templates which contain the health mark and address of the company	
Each meal is labelled with: product name, weight, storage advice, name & address of manufacturer, production code, best before date, product code, nutrition information, oven cooking guidelines, ingredients declaration, factory approval code.	

Case/Secondary Packaging Labelling	Label (attach/photograph)
Each case is labelled with: product name, weight per meal, quantity, storage advice, name & address of manufacturer, best before date, product code, factory approval code.	

Reasons for Rejection

- 1. Microbiological standards have not been achieved
- 2. Contamination by foreign body
- 3. Poor physical and/or organoleptic standards
- 4. Temperature outside of acceptable tolerance
- 5. Lack of outer case labelling



- 6. Incorrect product coding
- 7. Damaged and/or soiled packaging (including broken pallets)
- 8. Poor state of delivery vehicle
- 9. If less than the minimum shelf life is remaining
- 10. Delivery without a certificate of analysis unless it has previously been agreed in writing
- 11. Non-conformance to approved specification

Health and Safety		
	Yes/No X=Yes	Comments
Health & safety data sheet attached		
Reason for creation of new specification version:	First version	

Blue Mountain Foods 16/01/2024