

Supplier:	Blue Mountain Foods Ltd		
Function (Agent, M	Manufacturer etc.): Manufacturer		
Address:	Shaw House, Shaw Road, Bushbury, Wolverhampton, WV10 9LA		
Telephone:	01902 424133		

Product Name Vegetables in a Caribbean Sauce & White Rice

Legal Name Spicy vegetables in a mild Caribbean curry sauce with white

rice.

Product Description Caribbean Meal: Spicy vegetables in a mild Caribbean curry

sauce with white rice.



Raw Materials/Ingredients

Raw Material	Country of Origin	Grade	Size/Weight	Composition %
Long Grain Rice	UK	Α	114	28
Sweet Potato	UK	А	68	17
Water	UK		50	12
Broccoli	UK		40	10
Wheat flour			20	5
Carrots	UK	Α	20	5
Onions	UK	Α	15	4
Herbs and spices (Paprika, mustard flour, garlic, celery, cumin seed, chilies)			10	3
Tomato	UK	А	15	4
Rapeseed oil	Jamaica		10	2
sweetcorn	UK		10	2
Green beans	UK		10	2
Sweet peppers			10	2
Curry powder (turmeric, coriander, fenugreek, cumin, black pepper, cloves)			5	2
Crushed Chillies			2g	1
Salt			2	1



	Total	100
		1

Ingredients declaration (to comply with QUID regulations):

rice (25%), sweet potato, water, broccoli, **Wheat** flour (calcium, iron, niacin, thiamin); carrots, onions, herbs and spices in variable proportions (paprika, **celery, mustard** flour, ginger powder, garlic, thyme); tomato, rapeseed oil, sweetcorn, green beans, sweet peppers, Curry powder(turmeric, coriander, fenugreek, cumin, black pepper, cloves); crushed chillies, salt.

Nutritional Values (typical per 100 grams)

Nutrient	Value / 100g	Value / Per Portion
Energy (kJ)	647	2329.2
Energy (kcal)	154	554.4
Fat (g)	4.6	16.56
Of which Saturates (g)	2.8	10.08
Of which Mono Unsaturated (g)	1.2	4.32
Of which Poly Unsaturated (g)	0.3	1.08
Of which Trans (g)	0.0	0.0
Available ccarbohydrate (g)	17.5	63
- Of which Sugars (g)	0.5	1.8
Fibre (g)	1.2	4.32
Protein (g)	10.0	36
Sodium (g)	246	885.6
Salt Equivalent (g)	0.62	2.23



RAW MATERIAL SPECIFICATION

Potassium (mg)	190	684
Calcium	41	147.6
Phosphorous	35	126
Iron	2.2	7.92
Total Folate	7	25.2

Analytical Data (as applicable)

Test	Target	Tolerances / range	Frequency of testing

Intolerance Data	Yes/No	Comments
	X=Yes	
Free From Gluten		Wheat flour
Free From Animal Based Products	\boxtimes	
Free From Milk and Milk Derivatives	\boxtimes	
Free From Egg and Egg Derivatives	\boxtimes	
Free From Soya Flour	\boxtimes	
Free From Soya Derivatives	\boxtimes	
Free From HVP	\boxtimes	
Free From MSG	\boxtimes	
Free From Nut and Nut derivatives		



RAW MATERIAL SPECIFICATION

Free From Coconut and Coconut Derivatives		
Free From Beef and Beef Derivatives	\boxtimes	
Free From Yeast and Yeast Extracts	\boxtimes	
Free From Wheat and Wheat Derivatives		Wheat Flour
Free From Fish	\boxtimes	
Free From Crustaceans	\boxtimes	
Free From Molluscs	\boxtimes	
Free From Celery		Celery in herbs & spices
Free From Mustard		Mustard in herbs & spices
Free From Sesame Seeds and Derivatives	\boxtimes	
Free From Sulphur Dioxide and Sulphites at Levels Above 10mg/Kg as SO ₂	\boxtimes	
Free From Hydrogenated Oils		
Free From Onion		Onions
Free From Garlic		Garlic in herbs & spices
Free From Tomato		Tomatoes
Free From Mushroom	\boxtimes	
Free From Carrot		Carrots
Free From Maize	\boxtimes	
Free From Lupin and Lupin Derivatives	\boxtimes	
Free From Antibiotics/Hormones	\boxtimes	
Free From GMO Protein/DNA	\boxtimes	
Free From GMO Derivatives	\boxtimes	
Suitable for Vegetarians	\boxtimes	
Suitable for Vegans	\boxtimes	
L	1	



GM Ingredients listing:		

Additives	Yes/No X=Yes	Comments
Free From Colourings	\boxtimes	
Free From Flavourings*		
Free From Preservative		
Free From Antioxidant		
Free From Others		

^{*} If present, please confirm the flavouring status; **N** (natural), **NI** (nature identical), **A** (artificial)

Processing Aids

Item Name	E Number	Function	Addition Rate (g/100g)
Sodium ferrocyanide	E535	Anti-caking agent in salt – non-declarable processing aid	Maximum 20ppm in salt
Calcium sulphate	E516	carrier for fortificants in wheat flour – non- declarable processing aid	Statutory level
Calcium carbonate	E170	Fortification of wheat flour	Statutory level



Additional Information for Fish and Meat Products Only

Legal Definition (eg reformed/natural/shaped)	Natural
Added Water (%)	N/A
Antibiotic Growth Hormones used	None
Chemical lean	
Minimum meat Content	25%
Minimum Raw Meat Equivalent (%)	

Microbiological Standards

	Typical Value	Reject Value	Unit of Measure	Method
TVC	1000	> 1 x 10(5)	cfu/g	Ukas Accredited Lab
Bacillus cereus	< 50	> 100	cfu/g	Ukas Accredited Lab
Clostridium perfringens	< 10	> 100	cfu/g	Ukas Accredited Lab
Staphylococcus aureus	< 50	> 100	cfu/g	Ukas Accredited Lab
Salmonella spp	Absent	Present	cfu/25g	Ukas Accredited Lab
Clostridium botulinum				
Listeria monocytogenes	Absent	Present	cfu/25g	Ukas Accredited Lab
Coliforms	10	> 100	cfu/g	Ukas Accredited Lab
Escherichia coli O157	Absent	>10	cfu/g	Ukas Accredited Lab



Quality and Safety Standards

Ingredient Name:	Vegetable in a Caribbean Sauce with white rice			
Product Group:	Ready meals			
'State' e.g. liquid, solid, powder, paste, IQF, chilled	Frozen			
Maximum Life	12 months	Storage Temperature (°C)	-18°c or colder	
pH (Minimum and Maximum)		Acidity		
aW (Maximum)		% Salt		
% Moisture (Maximum)		Other (Please Specify)		
Washing Process (Detail Chemical contact / dwell time)	used, concentration and	Water Potable		
Heat Process (Detail core time and temperature minimum)		Rice to be cooked >90°C for 10 minutes and until done Final temperature to be achieved Final core temperature recorded is always above 90°C		
Filling Conditions (e.g. cold filled, hot filled, cooked in pack, VP/MAP)		Hot Filled plastic Trays		
Maximum time taken to cool to final storage temperature (°C)		180 minutes to -18°c	180 minutes to -18°c	
Microbiological Positive Release (o	rganism & frequency	Not positive released		
'Other' e.g. alcohol content (%)/residual nitrite/ propylene glycol		N/A		
Process procedures		Rice: Intake of rice, weighir rice, add to depositor. Sauce: intake, weighing, side boil and add to depositor. Vegetable -Intake, defrostir transfer to trays to be pack	eve, mix spices into water, ng, marinate, cook in trays,	



	Final process: weigh and add vegetables into tray, add rice and sauce from depositor, seal film, metal detect, blast freeze, store in freezer.
Physical:	Vegetables in consistent sauce with white rice.
Biological:	See Above
Chemical e.g. curing	N/A

Details of other relevant control points (as applicable):		
Metal Detection	Sensitivity	Frequency of testing

Ferrous	3.00mm (Chrome)	Per Batch
Non Ferrous	3.50mm (Brass)	Per Batch
Stainless Steel	5.00mm (Stainless)	Per Batch

Batch Coding

Batch Coding Details

Product coded with date code for traceability: Example: 2303232 (date/month/year/shift)

Produced on 23 March 2023, afternoon shift. 1 for morning shift, 2 for afternoon

Storage and Handling

Ingredient Name:	Vegetable in a Caribbean Sauce with white rice		
Product Group:	Ready meals		
'State' e.g. liquid, solid, powder, paste, IQF, chilled	Frozen		
Maximum Life	12 months	Storage Temperature (°C)	-18°c or colder
pH (Minimum and Maximum)	9 months	Acidity	



RAW MATERIAL SPECIFICATION

aW (Maximum)		% Salt	
% Moisture (Maximum)		Other (Please Specify)	
Washing Process (Detail Chemical contact / dwell time)	used, concentration and	Water Potable	

Delivery temperature	-18 °C or colder		
Delivery temperature	-10 C of colder		
Are mixed batch pallets allowed?	Yes		
Storage Conditions on Delivery	-18 °C or colder		
Maximum Temperature	-18°C	Minimum Temperature	-20°C
Optimum Temperature	-18°C		
Storage Requirements (e. from light)	xample - keep away	Frozen -18°C	
Is adherence to stated storequired for SAFETY, QU		Both	
Maximum Life from Manufacture	12 months	Maximum Life on Delivery	< 12 months
Minimum Life from Manufacture	12 months	Minimum Life on Delivery	9 months
Storage Condition After Opening	N/A – cook from frozen	Maximum Life After Opening	N/A
Minimum Life After Opening	N/A		
Once Defrosted, Life and Storage Conditions	N/A – cook from frozen with film on in pre-heated oven to 190°C, gas mark 5, until piping hot, usually 30 – 40 minutes Oven cook only		



Organoleptic & sensory characteristics

	Accept	Reject
Appearance	White rice with vegetables in a curry sauce	Under / over cooked Rice, broken down vegetables.
Colour	Firm vegetable pieces and sweet potato in a light brown curry sauce with white rice	Under/ over cooked vegetables, sweet potato and rice
Taste	Original colour vegetables in light brown curry sauce, with white rice	Discoloured or black vegetables / sweet potato, rice or sauce dark brown – burnt vegetables
Texture	Slightly flavoured sauce and rice, firm vegetables / sweet potato and light spicy sauce	No flavour, over spicy or tainted flavours
Aroma	Strong, spicy vegetable curry	Any off flavours or taints

Piece Weight	Minimum	Maximum	Average
Vegetable sauce	117g	124g	120.5g
Vegetable	83g	86g	84.5g
Rice	160g	170g	165g
Pack Weight	Minimum	Maximum	Average
360g	360g	380g	370g

Defects	Definition	Tolerance
Foreign Material	Any material other than the natural ingredient e.g. metal, wood, plastic	Nil
Damaged packs	Punctured, torn, open seals	Nil
Poor coding	Absence or poor legibility of product name, best before date	Nil
Bones	Presence of any bones	Nil



Packaging and Palletisation

Primary Packaging		
Description 2cpet plastic trays		
Material	Plain	
Recyclability	yes	
Dimensions (L/W/H)	Length 200.0mm, width 155.0mm, Depth/height 35.0mm	
Suitable for direct food contact		

Primary Packaging			
Description	Unit label		
Material	S/Gloss Paper Perm Adhesive	Weight	0.60g
Colour	1 Sort, 4 Separate, Colours, Yellow, Red Green, Black	Recyclability	yes
Dimensions (L/W/H)	102mm X 102mm white back ground label printed red and blue on semi glossed perm.	Thickness	3 mil
Net Volume/Quantity			
Quality Requirements:	Freezer adhesive, label information clearly printed meeting legal requirement for font size/text height s:		
Primary Packaging			
Unit label			
S/Gloss Paper Perm Adhesive	Weight	0.60g	
1 Sort, 4 Separate Colours,	Recyclability	yes	



Yellow, Red Green, Black		
102mm X 102mm white back ground label printed red and blue on semi glossed perm.	Thickness	3 mil

Tertiary Packaging				
Description	pallet wrap			
Material	Polyethylene	Weight	67g on one pallet	
Colour	clear	Recyclability	30% recyclability	
Dimensions (L/W/H)	400 x250	Thickness	12 mu	
Net Volume/Quantity				
Quality Requirements	sufficient to stabilise pallet			
Pallet Data				
Туре:	Chep wooden pallets	Material:	wood	
Dimensions (Max height as a minimum):	Maximum height: 1.65m	Number of Packs:	80 cases	
Units per Layer:	10 cases	Layers Per Pallet	8	
Net Weight/ Volume:	Net: 350kg Gross maximum weight 1000kg (not including the pallet)	Quality Requirements:	pallet wrapped	



RAW MATERIAL SPECIFICATION

Pack Labelling	Product Coding / Label (attach/photograph)
All labels are printed on templates which contain the health mark and address of the company	
Each meal is labelled with: product name, weight, storage advice, name & address of manufacturer, production code, best before date, product code, nutrition information, oven cooking guidelines, ingredients declaration, factory approval code.	

Case/Secondary Packaging Labelling	Label (attach/photograph)
Each case is labelled with: product name, weight per meal, quantity, storage advice, name & address of manufacturer, best before date, product code, factory approval code.	

Reasons for Rejection

- 1. Microbiological standards have not been achieved
- 2. Contamination by foreign body
- 3. Poor physical and/or organoleptic standards
- 4. Temperature outside of acceptable tolerance
- 5. Lack of outer case labelling



- 6. Incorrect product coding
- 7. Damaged and/or soiled packaging (including broken pallets)
- 8. Poor state of delivery vehicle
- 9. If less than the minimum shelf life is remaining
- 10. Delivery without a certificate of analysis unless it has previously been agreed in writing
- 11. Non-conformance to approved specification

Health and Safety		
	Yes/No X=Yes	Comments
Health & safety data sheet attached		
Reason for creation of new specification version:	First version	

Blue Mountain Foods 16/01/2024