

Changed Aug 14, 2024 10:27

Reviewed Aug 14, 2024 10:27

Erudus ID 31181c79c3ba4860a6a0187c1abbafc9

Version 2.0

Status Published

Thomas Ridley

FOODSERVICE

RECEIVED

Thomas Ridley QC Dept.

8:28, 4 Jun 2025

erudus

United around food data

The food information supplied by Thomas Ridley Foodservice has been provided by the respective product manufacturer. Whilst we use reasonable endeavours to check this information and ensure its accuracy, we do not give any warranty (whether express or implied), guarantee or representation that it is true, accurate or complete in any respect.

As product information, ingredients, nutritional guides and dietary or allergy advice may change from time to time, we recommend that you always carefully read the product label prior to using or consuming any such products. You should not solely rely upon the information we provide and make your own assessment as to the suitability or otherwise of any given product.

NAKD PROTEIN P/BUTTER 45G (X16) GB*

Nakd Peanut Butter Protein Bar 16x45g

PRODUCT DESCRIPTION

Dates & Peanut Bars with Natural Flavouring

Brand	Natural Balance Foods Ltd
Manufacturer Product Code	20538
Product Type	Food
Product Category	Crisps & Snacks
Storage Type	Ambient
Erudus ID	31181c79c3ba4860a6a0187c1abbafc9
Specification Type	Generic



Inner Component GTIN	5060088700082
Outer Case GTIN	15060088700089



INGREDIENTS

Ingredient Declaration
Dates (39%), **Peanuts** (30%), **Peanut** Butter (10%), **Peanut** Flour (10%), Chicory Fibre (10%), Sea Salt, Natural Flavouring

ALLERGENS

Product Contains:

Celery/Celeriac	No
Cereals Containing Gluten	May Contain
Barley	No
Oats	May Contain
Rye	No
Wheat (including Spelt and Khorasan)	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No

Mustard	No
Nuts (Tree)	May Contain
Almond nuts	May Contain
Brazil nuts	May Contain
Cashew nuts	May Contain
Hazelnuts	May Contain
Macadamia (Queensland) nuts	May Contain
Pecan nuts	May Contain
Pistachio nuts	May Contain
Walnuts	May Contain
Peanuts	Yes
Sesame Seeds	No
Soybeans	May Contain
Sulphur Dioxide and Sulphites	No

Risk Source:

Cereals Containing Gluten (Risk Source)	Factory
Tree Nuts (Risk Source)	Line
Brazil nuts (Risk Source)	Line
Hazelnuts (Risk Source)	Line
Pecan nuts (Risk Source)	Line
Walnuts (Risk Source)	Line

Oats (Risk Source)	Factory
Almond nuts (Risk Source)	Line
Cashew nuts (Risk Source)	Line
Macadamia nuts (Risk Source)	Line
Pistachio nuts (Risk Source)	Line
Soybeans (Risk Source)	Line

FREE FROM
CLAIMS

SUPPLEMENTARY
INGREDIENT
INFORMATION
ADDITIVES

DIET
SUITABILITY

NUTRITIONAL
INFORMATION AS
SOLD

Allergen Statement On Pack

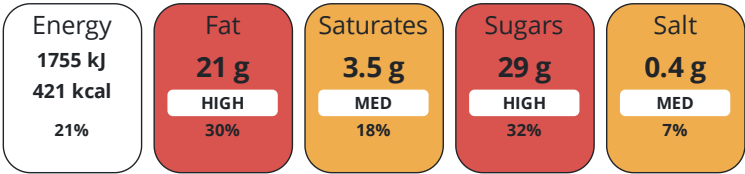
May contain traces of Soya, Nuts and the odd shell or pit piece.

Gluten-Free	Yes
Free From Lactose	Yes
Free From Milk	Yes
GM Protein/DNA	No

Product Contains:

Vegan Diet	Certified	Vegetarian Diet	Suitable for
Halal Diet	Certified	Kosher Diet	Certified

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 421kcal / 1755kJ

Nutrient	per 100g	RI per 100g	per 45g serving	RI per 45g serving
Energy (kJ)	1755 kJ	21%	789.75	9%
Energy (kcal)	421 kcal	21%	189.45	9%
Fat	21 g	30%	9.45 g	14%
of which Saturates	3.5 g	18%	1.58 g	8%
Carbohydrate	34 g	13%	15.3 g	6%
of which Sugars	29 g	32%	13.05 g	15%
Protein	17 g	34%	7.65 g	15%
Salt	0.4 g	7%	0.18 g	3%

Serving Size	45 g
Serving Size Description	one bar

NUTRITIONAL
INFORMATION AS
PREPARED

Nutrient	per 100g/ml prepared	RI per 100g/ml prepared
Energy (kJ)		
Energy (kcal)		
Fat		
of which Saturates		
Carbohydrate		
of which Sugars		
Protein		
Salt		

SUPPLEMENTARY
NUTRITIONAL
INFORMATION

HFSS (HIGH IN FAT, SALT AND SUGAR)	HFSS Status		No		
	HFSS Score		-1		
	Directions For Use				
	NA				
	Storage Instructions				
HANDLING & STORAGE INFORMATION	Store in a cool, dry place.				
	Shelf Life from Time of Production		270 Days		
	Shelf Life From Opening		1 Days		
ORIGIN	Product Country of Origin		United Kingdom		
	Origin of the Primary Ingredient				
PRODUCT CHARACTERISTICS CONFIGURATION	Standards Testing				
	Case Configuration		Inner Pack Configuration		
	Variable Inner Components in Outer Case		No		
	Total Quantity of Inner Components in Outer Case		16 Units		
	Is the Outer Case Splittable?		No		
PRODUCT WEIGHTS	Inner Component				
	Variable Weight Consumer Item		No		
	Inner Component Weight		45 g		
	Outer Case				
	Outer Case Gross Weight		0.78 kg		
PRODUCT DIMENSIONS	Outer Case Net Weight		0.72 kg		
	Inner Component				
	Inner Component Depth		16 mm		
	Inner Component Width		135 mm		
	Inner Component Height		40 mm		
PALLET INFORMATION	Outer Case				
	Outer Case Depth		178 mm		
	Outer Case Width		67 mm		
	Outer Case Height		122 mm		
MARKETING INFORMATION	Quantity of Cases Per Pallet Layer		50 Cases	Pallet Type	UK Standard Pallet
	Quantity of Layers Per Pallet		15 Layers	Pallet Height	1.2 MTR
	Quantity of Cases Per Pallet		750 Cases	Pallet Gross Weight	594 kg
SAFETY & WARNINGS	Marketing Description				
	Our Peanut Butter protein bars are chock full of 100% natural ingredients, no added sugar and 7g of plant protein to boost you through even the busiest of days. The combination of dates and nuts are also a recipe for chewy peanutty perfection, mmm. nākd. Peanut Butter protein bar is free from gluten and dairy and made from 100% natural ingredients. The perfect alternative to chocolate, these snacks have no sticky syrups or added sugars like you would find in other protein bars. All of that and it contributes towards one of your five a day! We are nākd., and we are passionate about doing things differently to bring you tasty, natural snacks. We keep things simple, that's why our bars are made from 100% natural ingredients, cold pressed together, and that's it! don't be shy, give us a try!				
OTHER INFORMATION	Value Added Tax Rate			20%	

CONTACT
INFORMATION

Address

Natural Balance Foods Ltd
Floor 2
45 Grosvenor Road
St Albans
AL13AW
United Kingdom

The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus.

We do not accept liability for any inaccuracies or incorrect information contained on this site.
Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.