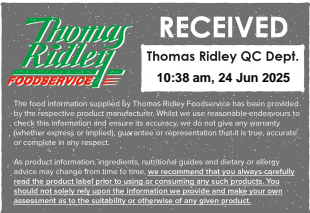


Erudus IDb67e8025e27e4e0ba34378bff2c3dad3

Version1.0

StatusDraft



# Phat Butternut Squash, Spinach and Vegan Cheese Pasty (20 x 283g)

Butternut Squash, Spinach And Vegan Cheese Pasty 20x283g

## PRODUCT DESCRIPTION

Butternut squash, spinach, red onion, Greek Style vegan Feta and vegan Cheddar cheeses with red chilli and oregano.

Brand	The Phat Pasty Co
Manufacturer Product Code	Y611
Product Type	Food
Product Category	Pies, Sausage Rolls, Savouries
Storage Type	Frozen
Erudus ID	b67e8025e27e4e0ba34378bff2c3dad3
Specification Type	Bakery Products

Outer Case GTIN05018028256113



## INGREDIENTS

### Ingredient Declaration

WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Sustainable Palm Oil, Potatoes (11%), Butternut Squash (10%), Red Onions (9%), Vegan Cheese (Water, Coconut Oil, Starch, Modified Starch, Potato Protein, Sea Salt, Acidity Regulator (Lactic Acid), Olive Extract, Vegan Flavourings, Spinach Leaf(5%), Water, Vegan Mature Cheddar (Water, Coconut Oil, Modified Starch, Sea Salt, Vegan Flavourings, Coconut Sugar, Colour (Natural Beta Carotene, Paprika Extract), Onions, Preservative (Sorbic Acid)), Modified Maize Starch, Rapeseed Oil, Potato Flakes, Rusk (WHEAT Flour, Salt, Raising Agent (Ammonium Bicarbonate)), Salt, Coriander, Pepper, Rehydrated Garlic, MUSTARD Powder, Kibbled Chilli, Lemon Juice (from concentrate), Acidity Regulator (Citric Acid), Dextrose.

Edible Logo (Potato Starch, Water, Sunflower Oil, Colour (Vegetable Carbon))

## ALLERGENS

Product Contains:

Celery/Celeriac	No
Cereals Containing Gluten	Yes
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	Yes
Crustacea	No
Eggs	May Contain
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No

Risk Source:

Eggs (Risk Source)	Line
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Mustard	Yes
Nuts (Tree)	No
Almond nuts	No
Brazil nuts	No
Cashew nuts	No
Hazelnuts	No
Macadamia (Queensland) nuts	No
Pecan nuts	No
Pistachio nuts	No
Walnuts	No
Peanuts	No
Sesame Seeds	No
Soybeans	No
Sulphur Dioxide and Sulphites	No

Milk (Risk Source)	Line
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DIET  
SUITABILITY

NUTRITIONAL  
INFORMATION AS  
SOLD

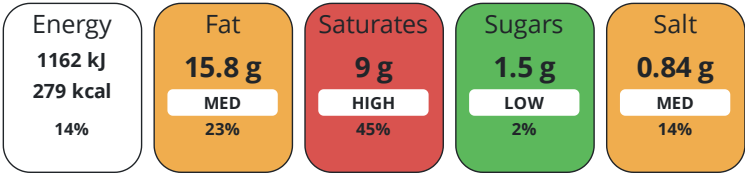
NUTRITIONAL  
INFORMATION AS  
PREPARED

Allergen Statement On Pack

For allergens, including cereals containing gluten, see ingredients in CAPITALS. May contain EGG & MILK.

Vegan Diet	Suitable for	Vegetarian Diet	Suitable for
Halal Diet	No	Kosher Diet	No

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 279kcal / 1162kJ

Nutrient	per 100g	RI per 100g	per 283g serving	RI per 283g serving
Energy (kJ)	1162 kJ	14%	3288.46 kJ	39%
Energy (kcal)	279 kcal	14%	789.57 kcal	39%
Fat	15.8 g	23%	44.71 g	64%
of which Saturates	9 g	45%	25.47 g	127%
Carbohydrate	28.1 g	11%	79.52 g	31%
of which Sugars	1.5 g	2%	4.25 g	5%
Fibre	1.8 g		5.09 g	
Protein	4.3 g	9%	12.17 g	24%
Salt	0.84 g	14%	2.38 g	40%
Sodium	336 mg		950.88 mg	

Serving Size	283 g
Serving Size Description	Serving size is based on uncooked product as delivered with a 5% +/- tolerance.
Number of Servings	20 Servings

Source of Nutritional Information      Calculation from known/accepted datasets

Nutrient	per 100g/ml prepared	RI per 100g/ml prepared	per 249g prepared	RI per 249g/ml prepared
Energy (kJ)	1162 kJ	14%	2893.38 kJ	34%
Energy (kcal)	279 kcal	14%	694.71 kcal	35%
Fat	15.8 g	23%	39.34 g	56%
of which Saturates	9 g	45%	22.41 g	112%
Carbohydrate	28.1 g	11%	69.97 g	27%
of which Sugars	1.5 g	2%	3.74 g	4%
Fibre	1.8 g		4.48 g	
Protein	4.3 g	9%	10.71 g	21%
Salt	0.84 g	14%	2.09 g	35%
Sodium	336 mg		836.64 mg	

HANDLING &  
STORAGE  
INFORMATION

Prepared Product Details

Prepared serving size is based on a single baked item with a typical 12% moisture loss.

Directions For Use

Supplied unbaked, frozen, requires bake off to serve. Bake from frozen, do not defrost. The baking instructions are a guideline only as all appliances vary in performance. Pre-heat a fan oven to 180C / 360F, or deck oven to 225C / 425F. Place frozen product on a baking tray lined with non-stick baking parchment, leaving a 2cm gap between products. Bake for approximately 45 minutes depending on your oven. We recommend using a probe thermometer to bake to a core temperature of at least 95C which will help to ensure the pastry crimp is also cooked through.

Storage Instructions

Store frozen at -18C or below. If defrosted, do not refreeze. Use before Best before date.

ORIGIN

Product Country of Origin United Kingdom

Place of Provenance

Made in Cornwall

Origin of the Primary Ingredient Not Applicable

MARKETING  
INFORMATION

Marketing Description

A premium hand-crimped pasty made with Butternut Squash, Spinach and Greek-Style Vegan Feta and vegan Cheddar cheeses with a hint of red chilli, seasoned with oregano in a short crust pastry. This is a hand-crimped pasty made in Cornwall. Meets Food for Life Bronze standards.

SAFETY &  
WARNINGS  
CONTACT  
INFORMATION

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