

Whitby Gluten Free MSC Cod Goujons 6*600g

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PRODUCT DESCRIPTION

Chunky 100% cod fish fillet goujons in a crisp, golden gluten-free crumb.

Brand	Whitby Seafoods Ltd
Manufacturer Product Code	4069
Effective Date	Feb 1, 2024
Product Type	Food
Product Category	Fish - Breaded/Coated
Storage Type	Frozen
Erudus ID	f41d28cf0f6d47e582eff2e7e56bde41
Specification Type	Fish and Seafood
Inner Component GTIN	5016316040697
Outer Case GTIN	05016316940690



INGREDIENTS

Ingredient Declaration
Cod Goujons (**FISH**) (50%), Water, Rice Flour, Gram Flour, Maize Starch, Potato Starch, Maize Flour, Rapeseed Oil, Salt, Dextrose, Black Pepper, Raising Agents (E450, E500), thickener E415.

ALLERGENS

Product Contains:	
Celery/Celeriac	No
Cereals Containing Gluten	No
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	No
Crustacea	May Contain
Eggs	No
Fish	Yes
Lupin	No
Milk	No
Molluscs	May Contain
Mustard	No
Nuts (Tree)	No
Almond nuts	No
Brazil nuts	No
Cashew nuts	No
Hazelnuts	No
Macadamia (Queensland) nuts	No
Pecan nuts	No
Pistachio nuts	No
Walnuts	No
Peanuts	No
Sesame Seeds	No
Soybeans	No
Sulphur Dioxide and Sulphites	No
Risk Source:	
Crustacea (Risk Source)	Factory
Molluscs (Risk Source)	Factory

Allergen Statement On Pack
For allergens, see ingredients in bold. May contain Molluscs and Crustaceans.

FREE FROM CLAIMS	Gluten Free	Yes
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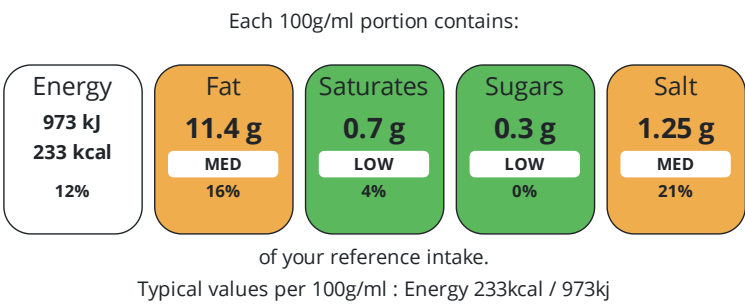
SUPPLEMENTARY
INGREDIENT
INFORMATION

Palm Oil	No
Hydrogenated Vegetable Oil/Fat	No
GM Protein/DNA	No

ADDITIVES

Product Contains:

NUTRITIONAL
INFORMATION



Nutrient	per 100g	RI per 100g
Energy (kJ)	973 kJ	12%
Energy (kcal)	233 kcal	12%
Fat	11.4 g	16%
of which Saturates	0.7 g	4%
of which Mono-unsaturates	0 g	
of which Polyunsaturates	0 g	
Carbohydrate	20.8 g	8%
of which Sugars	0.3 g	0%
Fibre	1.2 g	
Protein	11 g	22%
Salt	1.25 g	21%

SUPPLEMENTARY
NUTRITIONAL
INFORMATION

HANDLING &
STORAGE
INFORMATION

Directions For Use

Always cook from frozen. The instructions below are just a guide; do make sure our goujons are piping hot throughout before serving. Once cooled please do not reheat. Oven Bake: Preheat oven to 220°C/200°C fan/gas mark 7. Remove all packaging and place the goujons on a preheated baking tray in the centre of the oven. Bake for 18 mins, turning halfway through cooking, until crisp and golden. Tuck in. Deep Fry: Remove all packaging and place the goujons into hot oil (180°C). Cook from frozen for 3½-4 mins until crisp and golden. Drain on kitchen paper before serving. Scoff before someone else does. Air Fry: Set temperature to 180°C. Remove all packaging and place into air fryer basket in a single layer. Cook for 8 minutes. Turn halfway through cooking time. Tuck in.

Storage Instructions

Keep in the freezer and polish off by the best before date, once defrosted please don't refreeze.

Shelf Life from Time of Production	547 Days	Exempt From Shelf Life Labelling	No
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ACCREDITATIONS/
CERTIFICATIONS/
ASSURANCE
SCHEMES



ORIGIN	Catch Method	Bottom Trawl				
	Catch Zone	27 - Atlantic, Northeast				
	Fish Species	Cod (Atlantic) - Gadus morhua				
PRODUCT CHARACTERISTICS	Standards Testing					
	Do you undertake trend analysis of microbiological results?	Yes	Is shelf life testing undertaken?			Yes
	Microbiological Standards					
	Organism	Description	Frequency	Target	Maximum	Sample (g or ml)
	Coliforms (cfu/g or ml)		Annually	<1000	1000	100
	E. Coli (cfu/g or ml)		Annually	<10	10	100
	Aerobic Colony Count (ACC) (cfu/g or ml)		Annually	<1000	1000	100
	Salmonella (cfu/g or ml)		Annually	<0	0	25
	Enterobacteriaceae (cfu/g or ml)		Annually	<100	1000	100
	CONFIGURATION	Case Configuration		Inner Pack Configuration		
Variable Inner Components in Outer Case		No				
Total Quantity of Inner Components in Outer Case		6 Units				
Is the Outer Case Splittable?		No				
PRODUCT WEIGHTS	Inner Component					
	Variable Weight Consumer Item	No				
	Inner Component Weight	600 g				
	Outer Case					
	Outer Case Gross Weight	3.93 kg				
	Outer Case Net Weight	3.6 kg				
PRODUCT DIMENSIONS	Inner Component					
	Inner Component Depth	195 mm				
	Inner Component Width	130 mm				
	Inner Component Height	70 mm				
	Outer Case					
	Outer Case Depth	270 mm				
	Outer Case Width	205 mm				
	Outer Case Height	220 mm				
	PALLET INFORMATION	Quantity of Cases Per Pallet Layer	22 Cases	Pallet Height		1.65 MTR
		Quantity of Layers Per Pallet	7 Layers			
Quantity of Cases Per Pallet		154 Cases				
OTHER INFORMATION						

CONTACT
INFORMATION

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Complaints Contact

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