# **CF BACON TURNOVER 127g**



Savoury snack made with puff pastry folded over a rasher of bacon & a slice of cheddar cheese



# **INGREDIENTS**

FILLING: 39% **PASTRY: 59%** GLAZE TYPE: Free Range Egg: Water (90:10)

WHEAT Flour (Calcium, Iron, Niacin, Thiamin), Bacon 26% (Pork, Water, Salt, Preservatives (Potassium Nitrate, Sodium Nitrite), Dextrose, Antioxidant (Sodium Ascorbate)), Margarine (Palm Oil, Rapeseed Oil, Water, Salt), Cheese 17% (MILK), Water, EGG, Rusk (WHEAT Flour (Calcium, Iron, Niacin, Thiamin), Salt, Raising Agent (Ammonium Carbonate)), Salt, Black Pepper

NUTRITION INFORMATION \*Traffic light colours based upon DoH /FSA Guidelines

<b>Typical Values</b>		<u>Per 100g</u>	Per Product (114g
Energy	kJ	1511	1,727
Energy	kCal	362	414
Fat	g	23.9	27.3
of which Saturates	g	12.8	14.6
Carbohydrate	g	23.1	26.4
of which Sugars	g	0.3	0.3
Protein	g	13.3	15.2
Fibre	g	1.3	1.5
Salt	g	1.5	1.8

Guideline Daily Amounts				
Typical values	Women	Men		
Calories	2,000 kcal	2,500 kcal		
Protein	45 g	55 g		
Carbohydrates	230 g	300g		
Sugars	90 g	120 g		
Fat	70 g	95 g		
Saturates	20 g	30 g		
Fibre	24 g	24 g		
Salt	6g	6 g		

Printed: 13 October 2025

DoH 2017 Salt Target Per 100g =

1.1a

This product is ABOVE the DoH 2017 salt target for this category

## **ALLERGY INFORMATION**

For allergens, including cereals containing gluten, see ingredients in CAPITALS above.

CAUTION! The information on this form details the allergens present in the product and the bakery where it is made. Please note that there may be other allergens present where this product is baked and served, which differ from the information below.

### The following allergens ARE PRESENT in the bakery where this product is made:

WHEAT, OATS, BARLEY (contain GLUTEN)

MILK, EGG

MUSTARD, SULPHITES, CELERY

#### The following allergens are NOT PRESENT in the bakery where this product is made:

ID: ±+03

Peanuts, Other Nuts or Lupin

Fish, Crustaceans or Molluscs

Sesame, Soya, Celeriac

#### OTHER INFORMATION

SAVOURY PRODUCT DATABASE Record

Bake from frozen, following instructions on case label. Eat on day of baking.

Pastry products made by Rowe's Bakery contain fats made from various vegetable oils including certified sustainable palm oil supplied under the RSPO material category 'Mass Balance'. RSPO Supply Chain Certification Registration Number BMT-RSPO-000190. More info at www.rspo.org.