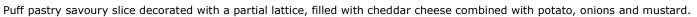
CF CHEESE & ONION SLICE 175g







INGREDIENTS

FILLING: 42% **PASTRY: 56%** GLAZE TYPE: Free Range Egg: Water (90:10)

WHEAT Flour (Calcium, Iron, Niacin, Thiamin), Water, Margarine (Palm Oil, Rapeseed Oil, Water, Salt), Potato, Cheddar Cheese 8% (MILK), Onion 8%, EGG, Potato Flakes, EGG White, Salt, Cheese Stock Powder (WHEY Powder, Cheese Powder (MILK), Salt, Natural Flavouring, MUSTARD Seed Powder, Acidity Regulator (Lactic Acid), Emulsifying Salts, Emulsifier (Disodium Phosphate), Modified Maize Starch), Modified Starch, White Pepper.

NUTRITION INFORMATION *Traffic light colours based upon DoH /FSA Guidelines

Typical Values		<u>Per 100g</u>	Per Product (165g)
Energy	kJ	1243	2,046
Energy	kCal	297	489
Fat	g	17.1	28.1
of which Saturates	, g	9.2	15.1
Carbohydrate	g	28.0	46.1
of which Sugars	g	0.9	1.5
Protein	g	7.3	12.0
Fibre	g	1.8	3.0
Salt	g	0.9	1.5

Guideline Daily Amounts				
Typical values	Women	Men		
Calories	2,000 kcal	2,500 kcal		
Protein	45 g	55 g		
Carbohydrates	230 g	300g		
Sugars	90 g	120 g		
Fat	70 g	95 g		
Saturates	20 g	30 g		
Fibre	24 g	24 g		
Salt	6 g	6 g		

DoH 2017 Salt Target Per 100g =

1.0 g

This product is BELOW the DoH 2017 salt target for this category

ALLERGY INFORMATION

For allergens, including cereals containing gluten, see ingredients in CAPITALS above.

CAUTION! The information on this form details the allergens present in the product and the bakery where it is made. Please note that there may be other allergens present where this product is baked and served, which differ from the information below.

The following allergens ARE PRESENT in the bakery where this product is made:

WHEAT, OATS, BARLEY (contain GLUTEN)

MILK, EGG

MUSTARD, SULPHITES, CELERY

The following allergens are NOT PRESENT in the bakery where this product is made:

ID: ±+03

Peanuts, Other Nuts or Lupin

Fish, Crustaceans or Molluscs

Sesame, Soya, Celeriac

OTHER INFORMATION

SAVOURY PRODUCT DATABASE Record

Bake from frozen, following instructions on case label. Eat on day of baking.

Pastry products made by Rowe's Bakery contain fats made from various vegetable oils including certified sustainable palm oil supplied under the RSPO material category 'Mass Balance'. RSPO Supply Chain Certification Registration Number BMT-RSPO-000190. More info at www.rspo.org.