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Our Vision: We want to be your favourite baker

Product Name	Open Top White Bloomers (Uncut) x 8
Legal name	White bread
Ingredients Declaration	WHEAT Flour(WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Yeast, Palm Oil, Salt, Emulsifiers[Mono and di-glycerides of fatty acids,Mono and di-acetyltartaric acid esters of mono and di-glycerides of fatty acids], Rapeseed Oil, Flour treatment agent[Ascorbic Acid].
Allergy Advice	For allergens, including cereals containing gluten, see CAPITALISED ingredients
*	 Manufactured in a Bakery that handles Milk, Eggs and Soya May contain Milk, Egg, Soya printed on label

Nutritional Values	Cal	Calculated from supplier sources, McCance & Widdowson, USDA databases			
		Weight:	0.820	k loaf	
Energy (kJ)	1,001	kJ per 100 g	8,212	kJ per loaf	
Energy (kcal)	238	kcal per 100 g	1,955	kcal per loaf	
Protein	8.1	g per 100 g	66.5	g per loaf	
Carbohydrate	46.3	g per 100 g	379.6	g per loaf	
Of which sugars	0.3	g per 100 g	2.8	g per loaf	
Starch	45.9	g per 100 g	376.3	g per loaf	
Fat	2.3	g per 100 g	19.0	g per loaf	
Saturated fat	1.0	g per 100 g	7.8	g per loaf	
Mono-unsaturated fat	0.6	g per 100 g	5.2	g per loaf	
Poly-unsaturated fat	0.3	g per 100 g	2.7	g per loaf	
Salt	0.89	g per 100 g	7.29	g per loaf	
Sodium	0.356	g per 100 g	2.917	g per loaf	
Fibre	2.5	g per 100 g	20.9	g per loaf	
Moisture	39.1	g per 100 g	320.8	g per loaf	

This specification was accurate at the time of issue. It is an uncontrolled copy and you will not be notified if we change our recipes. We believe our information to be reliable and is given in good faith based on information supplied by our suppliers and partners. We exclude any liability for error.

Further tests or enquiries should be made for specific claims.

Nutritional values represent "typical" values.

Food is a natural product so the exact nutritional values vary from batch to batch.

Fosters Bakery goods are bought and sold under our terms and conditions see www.fostersbakery.co.uk/financial

Allergen and intolerance information - CONTAINS:					
Peanuts*	No	Wheat	Yes		
Other nuts*	No	Barley	No		
Sesame seeds	No	Rye	No		
Lupin seeds	No	Oats	No		
Celery	No	Kamut	No		
Mustard	No	Spelt	No		
Soya	No	Gluten	Yes		
Fish or Shellfish	No	Milk	No		
Molluscs	No	Eggs	No		
Sulphites >10ppm	No	Sulphur dioxide >10ppm	No		

Suitable for				
Vegetarians	Yes			
Vegans **	Yes			
Coeliacs	No			
Lactose intolerants	Yes			
Gluten free diet	No			
Kosher (certified)	Yes			
Halal (certified)	Yes			
Genetic Modification				
Free from GM material	Yes			

*nuts: includes Almonds, Hazelnut, Walnut, Cashew nut, Pecan, Brazil, Macadamia, Queensland nut. *This product is made in a bakery that handles Soya flour, Milk and Eggs. Although good precautions are taken to segregate them there is a risk of cross contamination. Confidential © Fosters Bakery (Staincross) Limited 2012

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